

# 2018 BIG WEST WOMEN'S VOLLEYBALL



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## All-Region Honors - Tuesday, December 4, 2018

### Big West Trio Represented On AVCA All-Region List

Irvine, Calif. - The American Volleyball Coaches Association (AVCA) released its 2018 AVCA All-Region Teams today and three Big West Conference student-athletes were named to the list.

Torrey and Adlee Van Winden from Cal Poly were named to the AVCA All-Pacific North Region Team, with Torrey earning her third accolade and Adlee picking up her first all-region honor. Last year Adlee was selected for the All-Pacific North Regional Honorable Mention team. For the second straight year, representing the Big West on the AVCA All-Pacific South Region Team, is UC Santa Barbara's Lindsey Ruddins.

The 2018 Big West Conference Player of the Year, Torrey Van Winden, ended the regular season ranked second in the conference and third in the country in kills per set with a 5.07 average, which is the second highest in a single-season in school history, surpassing her 4.83 average from last season. She also paced the league with a .365 hitting percentage. The junior from Napa, Calif., who helped Cal Poly capture its second straight conference title, ranked third in the nation with a 5.74 points per set average and 18th with a total of 528.5 points. She captured four Big West Conference Player of the Week accolades during the 2018 season.

Adlee finished the regular season 10th in the Big West and second on the team in kills per set with a 2.84 average. She also ranked third on the team in digs per set at 2.53, tied for first in service aces with 22 and fifth in total blocks with 34 and led the team in solo blocks with 13. She recorded seven double-doubles and three times finished with 20 or more kills in a match. She finishes her career ranked fifth in kills in program history with 1,364 and ninth in career kills per set average.

Ruddins, a 2018 All-Big West First Team member, concluded the 2018 season tallying career-highs in numerous statistical categories, including kills (587), attempts (1597), aces (41), digs (304), blocks (59) and points (662). Ruddins' 5.34 kills per set ranked second in the nation this year and are second all-time at UCSB, trailing only herself. Besides leading the league in kills for the second straight year, she finished second in the conference in aces, 13th in digs and 18th in blocks. She also broke her own program record with five Big West Player of the Week awards this year, one more than she had in 2017. Ruddins, who takes home her second consecutive all-regional first team honor, previously earned an all-regional honorable mention following the 2016 season. The Laguna Niguel, Calif., native now joins Roberta Gehlke (1997-99) as the only Gauchos ever to earn three all-regional selections.

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## 2018 Big West Women's Volleyball All-Conference Team

### 2018 BIG WEST PLAYER OF THE YEAR

Torrey Van Winden, Cal Poly

### 2018 BIG WEST CO-FRESHMAN OF THE YEAR

Avalon DeNecochea, Cal Poly

Abby Marjama, UC Irvine

### 2018 BIG WEST COACH OF THE YEAR

Sam Crosson, Cal Poly

#### FIRST TEAM

<u>Player</u>	<u>School</u>	<u>Ht.</u>	<u>Yr.</u>	<u>Pos.</u>	<u>Hometown</u>
Emily Allen	UC Davis	5-8	Sr.	Outside Hitter	Santa Barbara, Calif.
Reyn Akiu	Hawai'i	5-3	Sr.	Libero	Honolulu, O'ahu
^Idara Akpakpa	UC Irvine	6-0	Sr.	Middle Blocker	Brentwood, Calif.
Natasha Burns	Hawai'i	6-5	Jr.	Middle Hitter	Ontario, Canada
Loryn Carter	UC Irvine	6-3	So.	Outside Hitter	Pomona, Calif.
^Haley DeSales	UC Irvine	6-0	Sr.	Outside Hitter	Burbank, Calif.
^McKenna Granato	Hawai'i	6-0	Sr.	Outside Hitter	Kailua, O'ahu
Ali Koumelis	UC Irvine	5-9	Sr.	Setter	Roseville, Calif.
Madilyn Mercer	Cal Poly	6-4	So.	Middle Blocker	Capistrano Beach, Calif.
%Norene Iosia	Hawai'i	5-11	Jr.	Setter	Torrance, Calif.
%Aeryn Owens	CSUN	6-0	Sr.	Outside Hitter	Rancho Cucamonga, Calif.
Emilia Petrachi	UC Santa Barbara	5-6	Sr.	Defensive Specialist	Modena, Italy
%Lindsey Ruddins	UC Santa Barbara	6-2	Jr.	Outside Hitter	Laguna Niguel, Calif.
Tyler Spriggs	Long Beach State	6-1	Sr.	Outside Hitter	Los Angeles, Calif.
%Adlee Van Winden	Cal Poly	6-1	Sr.	Outside Hitter	Napa, Calif.
^Torrey Van Winden	Cal Poly	6-3	Jr.	Opposite	Napa, Calif.

#### HONORABLE MENTION

<u>Player</u>	<u>School</u>	<u>Ht.</u>	<u>Yr.</u>	<u>Pos.</u>	<u>Hometown</u>
Malia Bolko	UC Davis	5-8	Sr.	Libero	Benicia, Calif.
Katherine Brouker	Cal Poly	5-9	Sr.	Libero	San Diego, Calif.
Avalon DeNecochea	Cal Poly	6-2	Fr.	Setter	San Diego, Calif.
Chelsea Doyle	UC Riverside	5-8	Sr.	Setter	San Diego, Calif.
Hailey Harward	Long Beach State	5-9	Jr.	Defensive Specialist	Phoenix, Ariz.
Emma Kirst	Long Beach State	6-4	Sr.	Outside Hitter	Las Vegas, Nev.
Abby Marjama	UC Irvine	6-0	Fr.	Outside Hitter	Granite Bay, Calif.
Meredith Phillips	Cal Poly	6-3	Fr.	Middle Blocker	Houston, Texas
Yizhi Xue	Long Beach State	6-4	Jr.	Middle Blocker	Nanjing, China

#### ALL-FRESHMAN TEAM

<u>Player</u>	<u>School</u>	<u>Ht.</u>	<u>Yr.</u>	<u>Pos.</u>	<u>Hometown</u>
Avalon DeNecochea	Cal Poly	6-2	Fr.	Setter	San Diego, Calif.
Abby Marjama	UC Irvine	6-0	Fr.	Outside Hitter	Granite Bay, Calif.
Meredith Phillips	Cal Poly	6-3	Fr.	Middle Blocker	Houston, Texas
Kashauna Williams	Long Beach State	N/A	Fr.	Outside Hitter	Northridge, Calif.
Olivia Lovenberg	UC Santa Barbara	5-8	Fr.	Setter	San Diego, Calif.
Gigi Ruddins	UC Santa Barbara	6-1	Fr.	Outside Hitter	Laguna Niguel, Calif.
Josie Ough	UC Davis	6-6	Fr.	Defensive Specialist	El Cerrito, Calif.

^Two-time All-Big West First Team selection

%Three-time All-Big West First Team selection

\$ Four-time All-Big West First Team selection