

Big West Women's Cross Country Record Book

Year-By-Year Team Results

1983 Team Scores

Host: UC Santa Barbara

1.	UC Irvine	18
2.	UC Santa Barbara	40
3.	UNLV	78

1984 Team Scores

Host: UC Santa Barbara

1.	UC Irvine	15
2.	UC Santa Barbara	56
3.	Hawai'i	84
4.	UNLV	—

1985 Team Scores

Host: UNLV

1.	UC Irvine	25
2.	San Diego State	48
3.	UC Santa Barbara	79
4.	Cal State Fullerton	83
5.	Hawai'i	118

1986 Team Scores

Host: Fresno State

1.	UC Irvine	18
2.	Fresno State	50
3.	San Diego State	82
4.	Cal State Fullerton	90
5.	UC Santa Barbara	146
6.	UNLV	177
7.	Long Beach State	205
8.	Hawai'i	208
9.	Pacific	278

1987 Team Scores

Host: UC Irvine

1.	UC Irvine	20
2.	San Diego State	79
3.	Fresno State	91
4.	UNLV	92
5.	UC Santa Barbara	101
6.	Cal State Fullerton	105
7.	Long Beach State	126
8.	Hawai'i	200
9.	Pacific	250

1988 Team Scores

Host: UC Santa Barbara

1.	Fresno State	29
2.	UC Irvine	38
3.	San Diego State	92
4.	Long Beach State	125
5.	UC Santa Barbara	130
6.	Cal State Fullerton	164
7.	Hawai'i	174
8.	UNLV	177
9.	Pacific	280

1989 Team Scores

Host: San Diego State

1.	UC Irvine	23
2.	Long Beach State	106
3.	Cal State Fullerton	109
4.	Hawai'i	113
5.	San Diego State	116
6.	Fresno State	117
7.	UC Santa Barbara	121
8.	UNLV	192
9.	Pacific	230

1990 Team Scores

Host: Fresno State

1.	UC Irvine	16
2.	Fresno State	54
3.	Cal State Fullerton	119
4.	Long Beach State	127
5.	UC Santa Barbara	134
6.	New Mexico State	135
7.	Hawai'i	145
8.	Utah State	227
9.	UNLV	268
10.	Pacific	287

1991 Team Scores

Host: New Mexico State

1.	UC Irvine	41
2.	Fresno State	59
3.	Cal State Fullerton	82
4.	UC Santa Barbara	107
5.	Long Beach State	116
6.	Hawai'i	120
7.	New Mexico State	201
8.	Utah State	222
9.	UNLV	230
10.	Pacific	308

1992 Team Scores

Host: Hawai'i

1.	UC Irvine	48
2.	UC Santa Barbara	73
3.	Cal State Fullerton	87
4.	Nevada	108
5.	Hawai'i	123
6.	Long Beach State	134
7.	Utah State	142
8.	UNLV	201
9.	New Mexico State	207
10.	Pacific	313

1993 Team Scores

Host: Cal State Fullerton

1.	UC Santa Barbara	43
2.	Hawai'i	81
3.	UC Irvine	81
4.	Long Beach State	86
5.	Utah State	120
6.	UNLV	153
7.	Cal State Fullerton	176
8.	New Mexico State	190
9.	Nevada	205
10.	Pacific	314

1994 Team Scores

Host: Utah State

1.	UC Santa Barbara	55
2.	UC Irvine	62
3.	Utah State	79
4.	Cal State Fullerton	110
5.	UNLV	136
6.	Hawai'i	159
7.	Long Beach State	160
8.	Nevada	173
9.	New Mexico State	221
10.	San Jose State	319
11.	Pacific	342

1995 Team Scores

Host: UC Irvine

1.	UC Irvine	38
2.	UC Santa Barbara	48
3.	Hawai'i	116
4.	Utah State	120
5.	Nevada	147
6.	Cal State Fullerton	152
7.	UNLV	166
8.	Long Beach State	182
9.	New Mexico State	221
10.	San Jose State	256
11.	Pacific	346

1996 Team Scores

Host: Boise State

1.	UC Santa Barbara	57
2.	Boise State	87
3.	Utah State	94
4.	UC Irvine	99
5.	Cal Poly	109
6.	Cal State Fullerton	158
7.	Idaho	164
8.	Nevada	167
9.	North Texas	230
10.	Long Beach State	268
11.	New Mexico State	278
12.	Pacific	375

1997 Team Scores

Host: Boise State

1.	Boise State	25
2.	Utah State	53
3.	Cal Poly	90
4.	UC Irvine	109
5.	Nevada	159
6.	Idaho	169
7.	UC Santa Barbara	178
8.	Long Beach State	182
9.	Cal State Fullerton	192
10.	North Texas	245
11.	New Mexico State	260
12.	Pacific	378

1998 Team Scores

Host: North Texas

1.	Utah State	52
2.	UC Irvine	80
3.	Idaho	90
4.	Boise State	112
5.	Cal Poly	136
6.	UC Santa Barbara	156
7.	Cal State Fullerton	178
8.	Nevada	202
9.	New Mexico State	210
10.	Long Beach State	214
11.	North Texas	250
12.	Pacific	370

1999 Team Scores

Host: Pacific

1.	UC Irvine	71
2.	Idaho	75
3.	Cal Poly	88
4.	Boise State	100
5.	Utah State	101
6.	Nevada	111
7.	UC Santa Barbara	156
8.	New Mexico State	218
9.	Long Beach State	254
10.	Cal State Fullerton	280
11.	North Texas	291
12.	Pacific	335

Big West Women's Cross Country Record Book

Year-By-Year Team Results

2000 Team Scores

Host: UC Santa Barbara

1.	Cal Poly	42
2.	UC Irvine	52
3.	Idaho	78
4.	Utah State	79
5.	UC Santa Barbara	120
6.	Boise State	155
7.	Long Beach State	185
8.	Cal State Fullerton	220
9.	Pacific	281

2001 Team Scores

Host: Cal Poly

1.	Cal Poly	37
2.	UC Irvine	65
3.	UC Santa Barbara	89
4.	Utah State	94
5.	Cal State Northridge	97
6.	Long Beach State	170
7.	Cal State Fullerton	179
8.	Idaho	231
9.	UC Riverside	248

2002 Team Scores

Host: UC Riverside

1.	Idaho	48
2.	UC Santa Barbara	55
3.	UC Irvine	72
4.	Utah State	74
5.	Cal State Northridge	168
6.	Cal Poly	169
7.	Cal State Fullerton	183
8.	Long Beach State	198
9.	UC Riverside	263
10.	Pacific	311

2003 Team Scores

Host: Cal Poly

1.	UC Santa Barbara	27
2.	Utah State	65
3.	Idaho	94
4.	UC Irvine	103
5.	Cal Poly	109
6.	Long Beach State	132
7.	Cal State Northridge	188
8.	Cal State Fullerton	225
9.	UC Riverside	273
10.	Pacific	314

2004 Team Scores

Host: UC Riverside

1.	UC Santa Barbara	29
2.	Idaho	47
3.	Utah State	66
4.	Cal Poly	99
5.	UC Irvine	133
6.	Long Beach State	187
7.	Cal State Fullerton	197
8.	Cal State Northridge	246
9.	UC Riverside	252
10.	Pacific	309

2005 Team Scores

Host: UC Riverside

1.	UC Irvine	29
2.	UC Santa Barbara	66
3.	Long Beach State	75
4.	Cal State Fullerton	110
5.	UC Riverside	130
6.	Cal Poly	135
7.	Cal State Northridge	164
8.	Pacific	246

2006 Team Scores

Host: Cal Poly

1.	UC Santa Barbara	26
2.	Long Beach State	72
3.	UC Irvine	75
4.	UC Riverside	84
5.	Cal Poly	140
6.	Cal State Fullerton	141
7.	Cal State Northridge	203
8.	Pacific	251

2007 Team Scores

Host: Cal Poly

1.	UC Santa Barbara	44
2.	UC Riverside	57
3.	UC Irvine	59
4.	Long Beach State	93
5.	UC Davis	136
6.	Cal State Fullerton	139
7.	Cal Poly	147
8.	Pacific	258
9.	Cal State Northridge	272

2008 Team Scores

Host: UC Riverside

1.	UC Riverside	60
2.	UC Irvine	69
3.	UC Davis	81
t-4.	Cal State Fullerton	117
t-4.	Cal Poly	117
6.	Long Beach State	125
7.	UC Santa Barbara	130
8.	Cal State Northridge	227
9.	Pacific	266

Year-By-Year Individual Results

1983

	School	Time	
1.	Lisa Gonzales	UCI	17:49.3
2.	Susan Zika	UCI	17:57.2
3.	Judy McLaughlin	UCI	18:13.4
4.	Mary Mason	UCSB	18:17.9
5.	Lorraine Mercado	UCI	18:23.6
6.	Jayne Balsiger	UCSB	18:29.6
7.	Jennifer Abraham	UCI	18:49.5
8.	Helen Reluga	UNLV	18:51.4

1984

	School	Time	
1.	Lori Shanoff	UCI	17:26.0
2.	Jennifer Abraham	UCI	17:27.0
3.	Lorraine Mercado	UCI	17:28.0
4.	Ruthie Truscott	UCI	17:43.0
5.	Alison Owen	UCI	17:44.0
6.	Pam Thompson	UCI	17:44.0
7.	Bernadette Torrez	UCSB	17:54.0
8.	Wendy Simmons	UCI	18:09.0

1985

	School	Time	
1.	Jennifer Abraham	UCI	18:06.8

2.	Beth McGrann	UCI	18:16.3
3.	Maureen Bradley	SDSU	18:34.9
4.	Sharon Yaninek	SDSU	18:43.9
5.	Alison Owen	UCI	18:51.8
6.	Bernadette Torrez	UCSB	18:53.3
7.	Beth Taft	UCI	18:55.4
8.	Helen Reluga	UNLV	19:04.4

1986

	School	Time	
1.	Jill Harrington	UCI	17:09.4
2.	Beth McGrann	UCI	17:19.5
3.	Kelly Buzza	FS	17:23.6
4.	Jennifer Abraham	UCI	17:38.3
5.	Amy Dabul	UCI	17:42.2
6.	Buffy Rabbitt	UCI	17:42.9
7.	Stacey McAfee	FS	17:45.0
8.	Maureen Bradley	SDSU	17:46.6

1987

	School	Time	
1.	Buffy Rabbitt	UCI	16:51.0
2.	Jill Harrington	UCI	16:58.0

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Year-By-Year Individual Results

3.	Maureen Bradley	SDSU	17:06.0
4.	Judy McLaughlin	UCI	17:07.0
5.	Jenni Scott	CSF	17:14.0
6.	Amy Dabul	UCI	17:15.0
7.	Lori Wilson	UCI	17:21.0
8.	Beth McGrann	UCI	17:25.0
9.	Janine Ogas	FS	17:29.0
10.	Cindy Rockwood	FS	17:38.0

1988	School	Time
1.	Brigid Stirling	UCI 16:48.3
2.	Stacey McAfee	FS 17:10.8
3.	Janine Ogas	FS 17:21.7
4.	Chantal Plante	FS 17:23.4
5.	Carolyn Plier	UCI 17:26.2
6.	Cindy Rockwood	FS 17:42.1
7.	Kelli Lewis	UCI 17:44.4
8.	Jenni Bessel	LBSU 17:46.1
9.	Chris Morgan	LBSU 17:50.6
10.	Cindi Sullivan	SDSU 17:50.9

1989	School	Time
1.	Brigid Stirling	UCI 17:12.2
2.	Buffy Rabbitt	UCI 17:22.5
3.	Jennifer Bessel	LBSU 17:45.7
4.	Caroline Plier	UCI 17:59.5
5.	Cynthia Rockwood	FS 18:04.5
	Rayna Cervantes	UCI 18:04.5
7.	Beth Rosipajla	CSF 18:16.5
8.	Chris Morgan	LBSU 18:28.5
9.	Wendy Peterson	SDSU 18:30.5
10.	Laurie Lucas	UCI 18:31.5

1990	School	Time
1.	Buffy Rabbitt	UCI 17:05.2
2.	Maria Akraka	UCI 17:19.2
3.	Rayna Cervantes	UCI 17:27.3
4.	Traci Goodrich	UCI 17:29.9
5.	C. Rockwood-Amster	FS 17:42.0
6.	Sita Jones	UCI 17:54.8
7.	Rachel Graybill	UH 18:04.6
8.	Roberta Momonez	UCI 18:13.0
9.	Julie Verke	FS 18:18.9
10.	Jade Preato	UCI 18:21.1

1991	School	Time
1.	Rayna Cervantes	UCI 18:03.5
2.	Dina Farage	FS 18:11.7
3.	Diane McCarthy	UNLV 18:32.0
4.	Kristen Peters	CSF 18:35.8
5.	Sita Jones	UCI 18:39.0
6.	Shannon Lieder	FS 18:48.7
7.	Tiffany York	UCI 18:49.2
8.	Julie Verke	FS 18:49.5
9.	Brooke Mabe	LBSU 19:14.1
10.	Heather Killeen	CSF 19:22.5

1992	School	Time
1.	Alisa Nicodemus	USU 17:27.0
2.	Heather Killeen	CSF 17:46.0
3.	Traci Goodrich	UCI 17:58.0
4.	Rayna Cervantes	UCI 18:09.0
5.	Jade Preato	UCI 18:10.0
6.	Rachel Juarez	UN 18:11.0
7.	Kim Neighbour	UN 18:19.0

8.	Brooke Mabe	LBSU	18:20.0
9.	Kara Bradbury	UCSB	18:21.0
10.	Kristin Peters	CSF	18:22.0

1993	School	Time
1.	Alisa Nicodemus	USU 17:22.0
2.	Traci Goodrich	UCI 17:59.0
3.	Stacy Pando	LBSU 18:12.0
4.	Julie Crooks	UNLV 18:25.0
5.	Kara Bradbury	UCSB 18:45.0
6.	Kristin Von Teuber	UCSB 18:49.0
7.	Eliza Alexander	UCSB 18:50.0
8.	Laura Monson	UCI 18:52.0
9.	Julie Thomas	UCSB 18:53.0
10.	Josephine Yaba	UCI 18:59.0

1994	School	Time
1.	Rochelle Hair	UN 18:35.9
2.	Jo-Jo Yaba	UCI 18:36.9
3.	Deanna Hadley	UCSB 18:43.6
4.	Heather Killeen	CSF 18:45.3
5.	Laura Monson	UCI 18:51.9
6.	Teresa Santana	CSF 18:56.7
7.	Eliza Alexanders	UCSB 18:50.0
8.	Lora Heyt	USU 18:59.6
9.	Kara Bradley	UCSB 19:00.7
10.	Kay Nekota	UCI 19:04.1

1995	School	Time
1.	Jo-Jo Yaba	UCI 17:58.0
2.	Eliza Alexander	UCSB 18:16.0
3.	Dianna Cervantes	UH 18:27.0
4.	Laura Monson	UCI 18:27.0
5.	Colleen Walsh	USU 18:28.0
6.	Heather Bray	UCSB 18:34.0
7.	Kay Nekota	UCI 18:36.0
8.	Michelle Henry	UNLV 18:49.0
9.	Erin Remy	CSF 18:50.0
10.	Mary Crane	UCSB 18:52.0

1996	School	Time
1.	Denise Danielson	UN 17:36.8
2.	Niamh Beirne	BSU 17:58.5
3.	Angie Fortner	UN 18:02.5
4.	Clair Becker	CP 18:13.2
5.	Gabriela Rodriguez	UCSB 18:18.6
6.	Heather Bray	UCSB 18:21.4
7.	Eliza Alexander	UCSB 18:23.2
8.	Judy Barretto	BSU 18:26.5
9.	Colleen Walsh	USU 18:26.8
10.	Jamie Blair	UCI 18:30.8

1997	School	Time
1.	Melinda Campbell	BSU 17:56.0
2.	Judy Barreto	BSU 18:09.0
3.	Holly Peterson	USU 18:27.0
4.	Lori Fancon	CP 18:35.0
5.	Lena Brainard	BSU 18:39.0
6.	Jamie Blair	UCI 18:40.0
7.	Jessica Riehle	BSU 18:40.0
8.	Beka Barron	USU 18:44.0
9.	Sarah MacDougall	CSF 18:46.0
10.	Erin O'Brien	BSU 18:47.0

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Year - By - Year Individual Results

1998	School	Time				
1. Christy Villa	UCI	17:14.0	5. Kaleena Yee	UCI	22:54.2	
2. Melinda Campbell	BSU	17:24.0	6. Lida Ripplinger	USU	23:01.9	
3. Jamie Stone	UI	17:43.0	7. Nicole Blalock	LBSU	23:08.6	
4. Holly Hansen	USU	17:43.0	8. Ashley Johnson	USU	23:13.0	
5. Andrea Jenkins	UI	17:54.0	9. Amber Simmons	CP	23:21.0	
6. Angie Winkler	USU	18:08.0	10. Andrea Palacio	CSUN	23:21.9	
7. Jamie Vicaro	UCI	18:11.0				
8. Beka Barron	USU	18:12.0	2004	School	Time	
9. Brandi Orozco	UNT	18:12.0	1. Lauren Christman	UCSB	20:35.1	
10. Judy Bareto	BSU	18:14.0	2. Lindsay Christman	UCSB	20:38.6	
			3. Mary Kamau	UI	20:46.7	
1999	School	Time	4. Stephanie Rothstein	UCSB	20:47.7	
1. Abby Peters	BSU	17:54.0	5. Ashley Johnson	USU	20:56.4	
2. Courtney Baird	UCI	18:06.0	6. Kim Ramirez	UCI	20:58.1	
3. Jamie Blair	UCI	18:14.0	7. Lida Ripplinger	USU	20:59.4	
4. Jessica Lunt	UCSB	18:19.0	8. Mandy Macalister	UI	21:02.1	
5. Angie Winkler	USU	18:22.0	9. Cosette Smith	UCSB	21:04.6	
6. Maribah Abiedu	UN	18:25.0	10. Bevin Kennelly	UI	21:06.0	
7. Kareen Nilsson	UCI	18:29.0				
8. Heather Garritson	CSF	18:29.0	2005	School	Time	
9. Rebekah Thompley	USU	18:30.0	1. Amber Steen	UCI	20:55.5	
10. Jody Carlsen	UN	18:33.0	2. Laura Olvera	UCI	21:00.3	
			3. Liz Camy	CSUN	21:15.7	
2000	School	Time	4. Meredith Kramon	LBSU	21:17.8	
1. Kareen Nilsson	UCI	18:32.3	5. Bethany Nickless	UCSB	21:23.5	
2. Carolyn Jones	CP	18:39.5	6. Marie Nguyen	UCI	21:26.1	
3. Jaime Stone	UI	18:42.2	7. Seanna Martin	UCSB	21:27.4	
4. Julie Manson	UCI	18:44.1	8. Nicole Blalock	LBSU	21:30.4	
5. Rebeka Thornley	USU	18:54.0	9. Kelli Vanderburg	UCI	21:34.2	
6. Jennifer DeRego	CP	19:01.0	10. Brenda Martinez	UCR	21:43.5	
7. Beka Leffler	USU	19:01.4				
8. Tessa Cendejas	UCI	19:06.7	2006	School	Time	
9. Jennifer Spahr	CP	19:07.4	1. Lauren Christman	UCSB	21:07.5	
10. Jessica Dahlberg	CP	19:07.6	2. Laura Olvera	UCI	21:23.9	
			3. Sara Mickelson	UCI	21:30.9	
2001	School	Time	4. Lindsay Christman	UCSB	21:43.1	
1. Katie Appenrodt	UCSB	17:47.8	5. Meredith Kramon	LBSU	22:08.0	
2. Jessica Dahlberg	CP	17:56.8	6. Danielle Domenichelli	UCSB	22:15.7	
3. Cosette Smith	UCSB	18:26.7	7. Hadas Moser	UCSB	22:20.1	
4. Kathryn Schlegel	CP	18:30.0	8. Megan Lewis	UCSB	22:27.6	
5. Amber Simmons	CP	18:31.4	9. Bethany Nickless	UCSB	22:29.5	
6. Angela Talarico	CSN	18:32.4	10. Liza Hitchner	UCSB	22:30.2	
7. Julie Manson	UCI	18:42.4				
8. Tessa Cendejas	UCI	18:45.1	2007	School	Time	
9. Jeanene Gerry	CSN	18:48.0	1. Megan Lewis	UCSB	21:16.0	
10. Drea Palacio	LBSU	18:49.9	2. Bethany Nickless	UCSB	21:35.6	
			3. Laura Olvera	UCI	21:45.8	
2002	School	Time	4. Brenda Martinez	UCR	21:56.6	
1. Letiwe Marakurwa	UI	17:47.0	5. Danielle Domenichelli	UCSB	22:05.3	
2. Katie Appenrodt	UCSB	17:56.6	6. Sarah Apgar	LBSU	22:06.5	
3. Tania Vander Meulen UI	18:03.2		7. Kim Donatelli	CP	22:16.5	
4. Jennifer Yadon	LBSU	18:10.6	8. Cristina Olivas	UCR	22:18.5	
5. Desiree Leek	UCSB	18:13.0	9. Lisa Lopez	UCR	22:22.9	
6. Audrey Golightly	USU	18:16.2	10. Candice Proctor	UCI	22:24.8	
7. Angela Talarico	CSN	18:17.9				
8. Amanda Armstrong	UCI	18:24.1	2008	School	Time	
9. Kaleena Yee	UCI	18:26.6	1. Danielle Domenichelli	UCSB	20:09.40	
10. Kristen Coombs	USU	18:28.4	2. Laura Olvera	UCI	20:12.50	
			3. Cristina Olivas	UCR	20:15.20	
*2003	School	Time	4. Brenda Martinez	UCR	20:19.30	
1. Stephanie Rothstein	UCSB	22:14.8	5. Candace Chavez	UCI	20:27.40	
2. Lauren Christman	UCSB	22:27.0	6. Kaitlin Gregg	UCD	20:31.50	
3. Cosette Smith	UCSB	22:36.1	7. Kim Conley	UCD	20:31.50	
4. Desiree Leek	UCSB	22:44.5	8. Bridie McCarey	CP	20:38.10	
			9. Grace Gonzales	CSF	20:42.50	
			10. Lauren Mulkey	CP	20:47.30	

* - Beginning in 2003, the championship was competed on a 6K course

Big West Women's Cross Country Record Book

Team & Individual Champions

Team Champions

Year	Champion	Score
1983	UC Irvine	18
1984	UC Irvine	15
1985	UC Irvine	25
1986	UC Irvine	18
1987	UC Irvine	20
1988	Fresno State	29
1989	UC Irvine	23
1990	UC Irvine	16
1991	UC Irvine	41
1992	UC Irvine	48
1993	UC Santa Barbara	43
1994	UC Santa Barbara	55
1995	UC Irvine	38
1996	UC Santa Barbara	57
1997	Boise State	25
1998	Utah State	52
1999	UC Irvine	71
2000	Cal Poly	42
2001	Cal Poly	37
2002	Idaho	48
2003	UC Santa Barbara	27
2004	UC Santa Barbara	29
2005	UC Irvine	29
2006	UC Santa Barbara	26
2007	UC Santa Barbara	44
2008	UC Riverside	60

Individual Champions

Year	Champion	School	Time
1983	Lisa Gonzales	UCI	17:49.3
1984	Lori Shanoff	UCI	17:26.0
1985	Jennifer Abraham	UCI	18:06.8
1986	Jill Harrington	UCI	17:09.4
1987	Buffy Rabbitt	UCI	16:51.0
1988	Brigid Stirling	UCI	16:48.3
1989	Brigid Stirling	UCI	17:22.5
1990	Buffy Rabbitt	UCI	17:05.2
1991	Rayna Cervantes	UCI	18:03.5
1992	Alisa Nicodemus	USU	17:27.0
1993	Alisa Nicodamus	USU	17:22.0
1994	Rochelle Nair	UN	18:35.9
1995	Jo-Jo Yaba	UCI	17:58.0
1996	Denise Danielson	UN	17:36.8
1997	Melinda Campbell	BSU	17:56.0
1998	Christy Villa	UCI	17:14.0
1999	Abby Peters	BSU	17:54.0
2000	Kareen Nilsson	UCI	18:32.3
2001	Katie Appenrodt	UCSB	17:47.8
2002	Letiwe Marakurwa	UI	17:47.0
2003	Stephanie Rothstein	UCSB	22:14.8
2004	Lauren Christman	UCSB	20:35.1
2005	Amber Steen	UCI	20:55.5
2006	Lauren Christman	UCSB	21:07.5
2007	Megan Lewis	UCSB	21:16.0
2008	Danielle Domenichelli	UCSB	20:09.40

*Beginning in 2003, the championship was competed on a 6K course

Big West Women's Cross Country Record Book

Individual Honors

Athlete of the Year

Year	Athlete	School
1983	Lisa Gonzles	UCI
1984	Lori Shanoff	UCI
1985	Jennifer Abraham	UCI
1986	Jill Harrington	UCI
1987	Buffy Rabbitt	UCI
1988	Brigid Stirling	UCI
1989	Brigid Stirling	UCI
1990	Buffy Rabbitt	UCI
1991	Rayna Cervantes	UCI
1992	Alisa Nicodemus	USU
1993	Alisa Nicodemus	USU
1994	Rochelle Nair	UN
1995	Jo Jo Yaba	UCI
1996	Denise Danielson	UN
1997	Melinda Campbell	BSU
1998	Christy Villa	UCI
1999	Abby Peters	BSU
2000	Kareen Nilsson	UCI
2001	Katie Appenrodt	UCSB
2002	Letiwe Marakurwa	UI
2003	Stephanie Rothstein	UCSB
2004	Lauren Christman	UCSB
2005	Amber Steen	UCI
2006	Lauren Christman	UCSB
2007	Bethany Nickless	UCSB
2008	Danielle Domenichelli	UCSB

Coach of the Year

Year	Athlete	School
1983	Vince O'Boyle	UCI
1984	Vince O'Boyle	UCI
1985	Vince O'Boyle	UCI
1986	Vince O'Boyle	UCI
1987	Vince O'Boyle	UCI
1988	Tom Pagani	FS
1989	Vince O'Boyle	UCI
1990	Vince O'Boyle	UCI
1991	Vince O'Boyle	UCI
1992	Vince O'Boyle	UCI
	Jim Triplett	UCSB
1993	Pete Dolan	UCSB
1994	Pete Dolan	UCSB
1995	Vince O'Boyle	UCI
1996	Pete Dolan	UCSB
1997	Mike Dilley	BSU
1998	Gregg Gensel	USU
1999	Vince O'Boyle	UCI
2000	Terry Crawford	CP
2001	Terry Crawford	CP
2002	Wayne Phipps	UI
2003	Pete Dolan	UCSB
2004	Pete Dolan	UCSB
2005	Vince O'Boyle	UCI
2006	Pete Dolan	UCSB
2007	Pete Dolan	UCSB
2008	Irv Ray	UCR

Freshman of the Year

Year	Athlete	School
2005	Laura Olvera	UCI
2006	Kimberly Donatelli	CP
2007	Breanne Strenkowski	UCSB
2008	Brienna Morris	CP

Big West Women's Cross Country Record Book

Individual Honors

2001 Big West Athletes of the Week

Date	Athlete	School	Year
9-4	Shae Messersmith	USU	Sr.
9-12	Tessa Cendejas	UCI	Jr.
9-25	Angela Talarico	CSN	Fr.
10-2	Katie Appenrodt	UCSB	Jr.
10-9	Kristen Coombs	USU	So.
10-16	Katie Appenrodt	UCSB	Jr.
	Tessa Cendejas	UCI	Jr.

2002 Big West Athletes of the Week

Date	Athlete	School	Year
9-3	Christi Howell	USU	Jr.
9-11	Letiwe Marakurwa	UI	Jr.
9-24	Letiwe Marakurwa	UI	Jr.
10-1	Amanda Armstrong	UCI	Sr.
10-8	Letiwe Marakurwa	UI	Jr.
10-15	Amanda Armstrong	UCI	Sr.
10-22	Letiwe Marakurwa	UI	Jr.

2003 Big West Athletes of the Week

Date	Athlete	School	Year
8-30	LaKeysha McClenton	CSF	Sr.
9-6	Angela Talarico	CSN	Jr.
9-20	Desiree Leek	UCSB	Jr.
9-27	Letiwe Marakurwa	UI	Jr.
10-11	Tessa Cendejas	UCI	Sr.
10-18	Letiwe Marakurwa	UI	Jr.

2004 Big West Athletes of the Week

Date	Athlete	School	Year
9-8	Letiwe Marakurwa	UI	Sr.
9-15	Lindsay Christman	UCSB	Jr.
9-22	Bevin Kennelly	UI	Jr.
9-29	Lauren Christman	UCSB	Jr.
10-6	Mary Kamau	UI	Jr.
10-20	Lauren Christman	UCSB	Jr.

2005 Big West Athletes of the Week

Date	Athlete	School	Year
9-7	Maria Blazquez	CSF	Sr.
9-14	Laura Olvera	UCI	Fr.
9-21	Maria Blazquez	CSF	Sr.
10-5	Liz Camy	CSUN	Sr.
	Amber Steen	UCI	Sr.
10-12	N/A		
10-19	Liz Camy	CSUN	Sr.
10-26	Cheryl Bube	LBSU	Fr.

2006 Big West Athletes of the Week

Date	Athlete	School	Year
9-6	Cristina Olivas	UCR	So.
9-13	Laura Olvera	UCI	So.
9-20	Meredith Kramon	LBSU	Sr.
9-27	Stephanie Rothstein	UCSB	Sr.
10-4	Sara Mickelson	UCI	Jr.
10-11	Jennifer Rodriguez	LBSU	Fr.
10-18	Lauren Christman	UCSB	Sr.
10-25	Nicole Blalock	LBSU	Sr.

2007 Big West Athletes of the Week

Date	Athlete	School	Year
9-5	Cristina Olivas	UCR	Jr.
9-12	Laura Olvera	UCI	Jr.
10-3	Laura Olvera	UCI	Jr.
	Bethany Nickless	UCSB	Sr.
10-10	Laura Chramosta	UCI	Jr.
10-17	Sarah Apgar	LBSU	Jr.
	Bethany Nickless	UCSB	Sr.
	Laura Olvera	UCI	Jr.
10-23	Megan Fairley	UCI	Jr.

2008 Big West Athletes of the Week

Date	Athlete	School	Year
9/5	Danielle Domenichelli	UCSB	Sr.
9/17	Grace Gonzales	CSF	So.
10/1	Laura Olvera	UCI	Sr.
10/8	Carolyn Ellis	CSF	Jr.
10/22	Kim Conley	UCD	Sr.
	Danielle Domenichelli	UCSB	Sr.
10/28	Erinn Kim	UCI	Sr.