



2006 big west women's soccer

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Cal State Fullerton's Bardsley Headlines Women's Soccer All-Conference Awards as Three-Time Goalkeeper of the Year

IRVINE, Calif. – Cal State Fullerton senior **Karen Bardsley** headlined the 2006 women's soccer all-conference team as she earned Big West Goalkeeper of the Year today for the third time in her career. Fellow Titans **Erica Janke** and **Ali Khosroshahin** were named Defender and Coach of the Year, respectively. Long Beach State teammates **Kim Silos** and **Hayley Bolt** captured Offensive Player of the Year and Midfielder of the Year honors. Cal Poly's **Carrie Andrews** and UC Riverside's **Leticia Villalpando** garnered Co-Freshman of the Year acclaim.

Bardsley claimed the Goalkeeper of the Year award for the third consecutive season. She led the Big West with 111 saves, becoming only the second netminder in Cal State Fullerton history to surpass 100 saves in a season. Bardsley started all 20 matches and posted a 0.97 goals against average. She was third in the conference with seven shutouts, and her 25 career clean sheets places her third in Big West annals. The Chino Hills, Calif. native also has amassed 295 career saves to rank fifth on the Big West list. Bardsley made a season-high 12 saves in the Titans' 2-1 upset of then-No. 6 Texas A&M on Sept. 15. She also earned Big West Player of the Week recognition twice this season.

Silos is the first player in Long Beach State history to earn Offensive Player of the Year honors. She led the Big West in scoring with 27 points, posting league-highs in goals (9) and assists (9). A native of Ontario, Calif., she produced at least one point in 14 of the team's 20 matches and had five points in a match on two occasions – versus Texas State on Sept. 15 and Fresno State on Oct. 11. Silos also topped all Big West players with five game-winning goals while ranking second in shots with 58. With career numbers of 19 goals, 14 assists and 52 points, Silos ranks third in school history in all three categories as just a sophomore.

Bolt received top billing for the second straight season as she was named Co-Freshman of the Year in 2005. As the premier midfielder in the conference this season, Bolt played an integral role in Long Beach State tying for the league lead with 32 goals. Individually, Bolt tied for second in the league in goals (8) and finished third in points (20). She also attempted 74 shots, the most of any Big West player. Bolt is tied for fifth in LBSU annals with 15 goals and fourth with 42 points. The sophomore earned Big West Player of the Week accolades on Oct. 2 after amassing two goals and an assist to lead the 49ers to wins over Pacific and Cal State Northridge, and a 2-0 Big West start.

Janke became the second straight Cal State Fullerton defender to secure the conference's top honor in that category. A two-time first team all-conference honoree, she started all 19 games she played. Her defense helped the Titans post an 11-1-2 record when holding an opponent to one goal or less this season. The Simi Valley, Calif. native also played a role in the offensive attack with a career-high five points (2G, 1A). Janke scored her first collegiate goal in a 2-1 win versus Pacific (Oct. 6) and scored again two days later against Cal State Northridge in a 1-0 victory, leading her to Big West Co-Player of the Week accolades.

Khosroshahin earned his second straight Coach of the Year honor and for the third time overall. With just three returning starters, Khosroshahin molded his young team into a strong unit that won the Big West Tournament championship and reached the NCAA Tournament for the second consecutive season. He guided the Titans to an 11-7-2 overall record and a third place finish in Big West play (4-2-1). It marked the fifth time in his six seasons at the helm that the Titans recorded double-digit wins. Khosroshahin also has led CSF to six straight winning seasons after the program did so just twice prior to his arrival.

A defender and midfielder shared top freshman honors in Cal Poly's Andrews and UC Riverside's Villalpando. Andrews, who was also named to the All-Big West First Team, started all 20 contests for the Mustangs and recorded three assists for the season. She continued a long line of standout Cal Poly defenders, anchoring a defense that allowed only 19 goals all year. Villalpando served a similar role for the Highlanders, starting 15 of the 16 games she played and scoring one goal. Her defensive presence was a factor in the Highlanders allowing just 19 goals for the season. Andrews and Villalpando join Cal Poly's Sharon Day (2003) and UC Riverside's Jenna Leonti (2004) as top freshmen honorees from the same schools.

Cal Poly, Long Beach State and UC Santa Barbara all tied for top conference honors with three first team all-conference selections apiece. Cal State Fullerton had two first team selections, while Cal State Northridge and Pacific had one each. Bardsley and Pacific senior **Carmen Padilla** were named first team all-conference for the third time in their careers.

The complete 2006 All-Big West Women's Soccer Team can be viewed on the following page:

2006 ALL-BIG WEST WOMEN'S SOCCER TEAM

FIRST TEAM

<i>Player</i>	<i>School</i>	<i>Year</i>	<i>Position</i>	<i>Hometown</i>
Sahar Haghdan	Long Beach State	Sophomore	Forward	Palmdale, CA
Genelle Ives	UC Santa Barbara	Sophomore	Forward	Dana Point, CA
Allie Kueny	UC Santa Barbara	Senior	Forward	Brea, CA
Kim Silos	Long Beach State	Sophomore	Forward	Ontario, CA
Kaleena Andruss	Cal Poly	Freshman	Midfielder	Lake Forest, CA
Hayley Bolt	Long Beach State	Sophomore	Midfielder	Lakewood, CA
Susie Mischenko	Cal State Northridge	Junior	Midfielder	Arcadia, CA
Carmen Padilla++	Pacific	Senior	Midfielder	San Jose, CA
Carrie Andrews	Cal Poly	Freshman	Defender	Pleasanton, CA
Erica Janke+	Cal State Fullerton	Senior	Defender	Simi Valley, CA
Heidi McQuitty	Cal Poly	Senior	Defender	Solvang, CA
Rachael Ritchey	UC Santa Barbara	Sophomore	Defender	Sheldon, CA
Karen Bardsley++	Cal State Fullerton	Senior	Goalkeeper	Chino Hills, CA

SECOND TEAM

<i>Player</i>	<i>School</i>	<i>Year</i>	<i>Position</i>	<i>Hometown</i>
Kelsey Carroll	Cal Poly	Senior	Forward	Mission Viejo, CA
Tessa Lennala	UC Riverside	Sophomore	Forward	Temecula, CA
Ashley Vallis	Cal Poly	Sophomore	Forward	Antioch, CA
Mandi Van Dorn	Pacific	Junior	Forward	Danville, CA
Lauryn Welch	Cal State Fullerton	Senior	Forward	La Mirada, CA
Desiree Flint	Cal State Fullerton	Senior	Midfielder	Redondo Beach, CA
Darci Gwartz	UC Santa Barbara	Senior	Midfielder	Yorba Linda, CA
Dana Farquhar	Long Beach State	Sophomore	Midfielder	Redlands, CA
Jenae Gibbens	Cal State Fullerton	Sophomore	Defender	San Diego, CA
Natalie Messina	Long Beach State	Senior	Defender	Santa Rosa, CA
Kelsey Nagel	Pacific	Senior	Defender	Lynnwood, WA
Katie Wright	UC Santa Barbara	Junior	Goalkeeper	Mission Viejo, CA

HONORABLE MENTION

<i>Player</i>	<i>School</i>	<i>Year</i>	<i>Position</i>	<i>Hometown</i>
Chandi Bickford	UC Santa Barbara	Senior	Forward	Haiku, Maui, HI
Linda Allen	UC Riverside	Senior	Midfielder	Wildomar, CA
Kristyn Bright	UC Santa Barbara	Senior	Midfielder	Glendora, CA
Jenna Leonti	UC Riverside	Junior	Midfielder	Corona, CA
Leticia Villalpando	UC Riverside	Freshman	Midfielder	Moreno Valley, CA
Sara Davis	Cal State Northridge	Senior	Defender	San Clemente, CA
Kandice McLaughlin	UC Santa Barbara	Junior	Defender	West Hills, CA
Amber Plumlee	UC Riverside	Senior	Defender	La Habra, CA
Tawny Poggio	UC Riverside	Senior	Goalkeeper	Santa Ana, CA

+Two-time All-Big West First Team selection

++Three-time All-Big West First Team selection

2006 Big West Goalkeeper Of The Year

Karen Bardsley, Cal State Fullerton

2006 Big West Defensive Player Of The Year

Erica Janke, Cal State Fullerton

2006 Big West Offensive Player Of The Year

Kim Silos, Long Beach State

2006 Big West Coach Of The Year

Ali Khosroshahin, Cal State Fullerton

2006 Big West Midfielder Of The Year

Hayley Bolt, Long Beach State

2006 Big West Co-Freshmen Of The Year

Carrie Andrews, Cal Poly
Leticia Villalpando, UC Riverside