



2009 BIG WEST CROSS COUNTRY

Big West Conference - 2 Corporate Park, Suite 206, Irvine, CA 92606

Information Staff: Chris Hargraves (Assistant Information Director)

For more information - Phone: (949) 261-2525 Fax: (949) 261-2528 email: chargraves@bigwest.org

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Big West Cross Country Clubs Head to Major Meets this Weekend

The upcoming Big West cross country schedule is a big one as the seven schools in action this weekend are all heading to a couple of the most competitive meets in the country.

Cal Poly, Cal State Northridge, Long Beach State, UC Davis, UC Irvine, UC Santa Barbara and Pacific will all head to the Bay Area this weekend to participate in the 36th annual Stanford Invitational. The meet, which is held at the Stanford Golf Course, attracts some of the top individuals and teams from all over the nation.

THIS WEEK'S SCHEDULE

Saturday, September 26

Cal Poly at Stanford Invitational (Stanford, Calif.)
 Cal State Northridge at Stanford Invitational (Stanford, Calif.)
 Long Beach State at Stanford Invitational (Stanford, Calif.)
 UC Davis at Stanford Invitational (Stanford, Calif.)
 UC Irvine at Stanford Invitational (Stanford, Calif.)
 UC Santa Barbara at Roy Griak Invitational (Minneapolis, Minn.)
 UC Santa Barbara at Stanford Invitational (Stanford, Calif.)
 Pacific at Stanford Invitational (Stanford, Calif.)

A year ago, four teams on the men's side finished in the top 10 among a strong field of 28, while three women's teams finished in the top 10 out of 33 squads and three women's individuals crossed the finish line among the top 10.

UCSB will also pull double duty this weekend as a contingent of Gauchos head to Falcon Heights, Minn., for the 24th Annual Roy Griak Invitational.

UCR's Hall; CSUN's Morejon Garner Athlete of the Week Honors

This week's edition of the Big West weekly cross country honors went to a veteran and a first time winner as UC Riverside's Chad Hall and Cal State Northridge's Lilyana Morejon claimed the Men's Athlete of the Week and Women's Athlete of the Week awards, respectively.

Hall, a sophomore from Big Bear, Calif., led the Highlanders to a second place finish at the UCR Invitational last weekend. Competing for the first time in 2009, Hall finished first among his club, first among Big West competitors and eighth overall with a time of 24:17.1. The time is the best in the league so far in '09.

Morejon, a junior from North Hollywood, Calif., continued her hot start to the season with a fifth place finish at the UCR Invitational. Her time of 17:07.1 was the best finish over the 5K course of any Big West competitor, tops in the league thus far and gave Morejon a second top-five finish in as many races this season. It also marked the first CSUN women's runner to claim league weekly honors since the 2005 season.

2009 WOMEN'S TOP INDIVIDUAL TIMES (5K)

Name, School	Date	Time	Name, School	Date	Time
1. Lilyana Morejon, CSUN	9/19	17:07.1	6. Amanda Moreno, UCSB	9/19	17:27.9
2. Katy Daly, UCR	9/19	17:16.3	7. Katie Voigtlander, UCSB	9/19	17:29.0
3. Ashleigh Pratt, UCR	9/19	17:21.5	8. Damajeria Dubose, UCR	9/19	17:30.7
4. Abbey Gallaher, UCD	9/12	17:23.0	9. Yomaira Hernandez, CSF	9/19	17:41.4
5. Kayleigh Tyerman, CP	9/5	17:26.6	10. Bree Strenkowski, UCSB	9/19	17:42.6

2009 WOMEN'S TOP INDIVIDUAL TIMES (6K)

Name, School	Date	Time	Name, School	Date	Time
1. Anne Randall, LBSU	9/5	23:11.4	6. Andrea Aguilar, CSF	9/5	23:58.5
2. Elisabeth Ramos, LBSU	9/5	23:16.0	7. Gail Munoz, CSF	9/5	24:09.9
3. Jennifer Rodriguez, LBSU	9/5	23:21.3	8. Hillary Zator, LBSU	9/5	24:14.6
4. Alisia Barajas, LBSU	9/5	23:39.1	9. Meredith Robie, CSF	9/5	24:43.7
5. Lauren Jacobs, CSF	9/5	23:57.7	10. Emily McVay, CSF	9/5	25:05.4

2009 MEN'S TOP INDIVIDUAL TIMES (8K)

Name, School	Date	Time	Name, School	Date	Time
1. Chad Hall, UCR	9/19	24:17.1	6. Talal Khan, UCR	9/19	24:44.5
2. Emmanuel Ngula, UCR	9/19	24:32.3	7. Jose Melena, UCR	9/19	24:45.3
3. Julian deRubira, UCSB	9/5	24:33.0	8. Carl Dargitz, CP	9/5	24:46.0
4. Scott Smith, UCSB	9/5	24:39.0	9. Evan Anderson, CP	9/5	24:47.0
5. Joe Gatel, CP	9/5	24:43.0	10. Daniel Lindstrom, UCR	9/19	24:57.8

BIG WEST ATHLETES OF THE WEEK

Date	Men's Athlete	School	Yr.	Date	Women's Athlete	School	Yr.
9/9	Julian deRubira	UCSB	Jr.	9/9	Kayleigh Tyerman	CP	Fr.
9/16	Jonathan Peterson	UCD	So.	9/16	Kayleigh Tyerman	CP	Fr.
9/23	Chad Hall	UCR	So.	9/23	Lilyana Morejon	CSUN	Jr.
9/30				9/30			
10/7				10/7			
10/21				10/21			
10/27				10/27			

USTFCCC Women's Cross Country National Poll - 9/14

1. Washington	16. Northern Arizona
2. Oregon	17. Michigan State
3. Florida State	18. Virginia
4. West Virginia	19. Michigan
5. Villanova	20. Rice
6. Stanford	21. Colorado
7. Princeton	22. New Mexico
8. Minnesota	23. Syracuse
9. Georgetown	24. Texas Tech
10. Illinois	25. Brigham Young
11. Arizona Stae	26. Penn State
12. Providence	27. Arkansas
13. Baylor	28. Iowa State
14. Florida	29. Notre Dame
15. Wisconsin	30. Duke

USTFCCC Men's Cross Country National Poll - 9/14

1. Oregon	16. Providence
2. Oklahoma State	17. Minnesota
3. Stanford	18. Arkansas
4. Wisconsin	19. N.C. State
5. Northern Arizona	20. Butler
6. Colorado	21. Cal Poly
7. Iona	22. Michigan
8. Portland	23. Florida State
9. Georgetown	24. Washington
10. Alabama	25. Iowa State
11. Tulsa	26. New Mexico
12. Brigham Young	27. Notre Dame
13. Auburn	28. Penn State
14. Virginia	29. Arizona State
15. William & Mary	30. Villanova

USTFCCCA Men's West Region Poll - 9/14

1. Oregon	9. UC Riverside
2. Stanford	10. Arizona
3. Portland	11. UC Santa Barbara
4. Cal Poly	12. UC Davis
5. Arizona State	13. Washington State
6. Washington	14. Long Beach State
7. UCLA	15. Fresno State
8. California	

USTFCCA Women's West Region Poll - 9/14

1. Washington	9. Oregon State
2. Oregon	10. Portland
3. Stanford	11. Washington State
4. Arizona State	12. Sacramento State
5. Arizona	13. USC
6. UC Riverside	14. UC Irvine
7. California	15. Loyola Marymount
8. UC Davis	

LAST WEEK IN THE BIG WEST

(Saturday, September 19)

MEN

CAL STATE FULLERTON UC Riverside Invitational (8K)
Team Finish: 6th of 30 **Score:** 218 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Tyler Reed	38th	25:17.4
Joey Divizia	41st	25:18.7
John Carrell	43rd	25:21.3
Corey Bullock	73rd	25:50.5
Ren Jones	86th	26:00.5

CAL STATE NORTHRIDGE UC Riverside Invitational (8K)
Team Finish: 25th of 30 **Score:** 722 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Juan Olea	105th	26:17.3
Masis Hagobian	213th	27:48.3
Gustavo Hernandez	218th	27:52.9
Juan Hernandez	246th	28:33.7
Steven Gonzales	302nd	30:08.3

LONG BEACH STATE Aztec Invitational (8K)
Team Finish: 3rd of 10 **Score:** 77 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Raul Arcos	7th	26:19
Steven DeCastro	16th	26:48
Jake Ainsworth	23rd	27:13
Jared Long	24th	27:16
Josh Ruff	32nd	27:38

UC RIVERSIDE UC Riverside Invitational (8K)
Team Finish: 2nd of 30 **Score:** 73 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Chad Hall	8th	24:17.1
Emmanuel Ngula	15th	24:32.3
Talal Khan	16th	24:44.5
Jose Melena	17th	24:45.3
Daniel Lindstrom	25th	24:57.8

UC SANTA BARBARA UC Riverside Invitational (8K)
Team Finish: 12th of 30 **Score:** 380 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Douglas Whichard	42nd	25:20.9
Baxter Frick	64th	25:44.6
Matt Wysocki	95th	26:08.8
Zak Weinberg	132nd	26:42.0
Rusty Parker	154th	27:04.5

WOMEN

CAL STATE FULLERTON UC Riverside Invitational (5K)
Team Finish: 9th of 27 **Score:** 302 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Yomaira Hernandez	21st	17:41.4
Carolyn Ellis	46th	17:58.4
Gail Munoz	59th	18:10.3
Meredith Robie	91st	18:37.4
Andrea Aguilar	100th	18:43.2

CAL STATE NORTHRIDGE UC Riverside Invitational (5K)
Team Finish: 12th of 27 **Score:** 373 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Lilyana Morejon	5th	17:07.1
Zitalic Ley	64th	18:12.0
Nanci Velarde	97th	18:41.4
Mallory Day	116th	18:53.7
Sandra Velarde	119th	18:57.9

LONG BEACH STATE Aztec Invitational (5K)
Team Finish: 3rd of 12 **Score:** 110 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Liz Ramos	2nd	18:32
Annie Randall	8th	18:48
Hillary Zator	21st	19:49
Jessica Barnard	39th	20:16
Kirsten Neill	52nd	21:10

UC RIVERSIDE UC Riverside Invitational (5K)
Team Finish: 1st of 27 **Score:** 89 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Katy Daly	7th	17:16.3
Ashleigh Pratt	9th	17:21.5
Damajeria Dubose	15th	17:30.7
Christy Adamyk	24th	17:45.8
Margaret Sitker	35th	17:50.3

UC SANTA BARBARA UC Riverside Invitational (5K)
Team Finish: 4th of 27 **Score:** 116 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Amanda Moreno	12th	17:27.9
Katie Voigtlander	13th	17:29.0
Breanne Strenkowski	22nd	17:42.6
Crystal Reed	34th	17:50.2
Ashley Beechan	37th	17:52.2

Friday, September 4

UC Riverside at Nevada Twilight Classic (Reno, Nev.)

Saturday, September 5

Cal Poly at UC Santa Barbara Lagoon Open (Santa Barbara, Calif.)
Cal State Fullerton at Fullerton Season Opener (Fullerton, Calif.)
Long Beach State at Fullerton Season Opener (Fullerton, Calif.)
UC Davis at USF Invitational (San Francisco, Calif.)
Pacific at USF Invitational (San Francisco, Calif.)

Saturday, September 12

Cal Poly at Asics/UCI Invitational (Irvine, Calif.)
Cal State Northridge at Asics/UCI Invitational (Irvine, Calif.)
UC Davis at Hornet Jamboree (Sacramento, Calif.)
UC Irvine at Asics/UCI Invitational (Irvine, Calif.)
Pacific at Hornet Jamboree (Sacramento, Calif.)

Saturday, September 19

Cal State Fullerton at UC Riverside Invitational (Riverside, Calif.)
Cal State Northridge at UC Riverside Invitational (Riverside, Calif.)
Long Beach State at Aztec Invitational (San Diego, Calif.)
UC Riverside at UC Riverside Invitational (Riverside, Calif.)
UC Santa Barbara at UC Riverside Invitational (Riverside, Calif.)

Saturday, September 26

Cal Poly at Stanford Invitational (Stanford, Calif.)
Cal State Northridge at Stanford Invitational (Stanford, Calif.)
Long Beach State at Stanford Invitational (Stanford, Calif.)
UC Davis at Stanford Invitational (Stanford, Calif.)
UC Irvine at Stanford Invitational (Stanford, Calif.)
UC Santa Barbara at Roy Griak Invitational (Minneapolis, Minn.)
UC Santa Barbara at Stanford Invitational (Stanford, Calif.)
Pacific at Stanford Invitational (Stanford, Calif.)

Friday, October 2

Cal Poly at Bill Dellinger Invitational (Eugene, Ore.)
UC Riverside at adidas Notre Dame Invitational (South Bend, Ind.)

Saturday, October 3

Cal State Fullerton at Cowboy Jamboree (Stillwater, Okla.)
UC Davis at Doc Adams Open (Davis, Calif.)
UC Irvine at Pomona College Invitational (Claremont, Calif.)
UC Irvine at Triton Classic (Irvine, Calif.)

Friday, October 9

Pacific at San Francisco Invitational (San Francisco, Calif.)

Saturday, October 10

Long Beach State at UCSD Invitational (San Diego, Calif.)

Friday, October 16

Cal State Fullerton at Northridge Invitational (Northridge, Calif.)
Cal State Northridge at Northridge Invitational (Northridge, Calif.)
UC Riverside at Northridge Invitational (Northridge, Calif.)

Saturday, October 17

Cal Poly at Cal Poly Invitational (San Luis Obispo, Calif.)
Cal Poly at Pre-Nationals (Terre Haute, Ind.)
Long Beach State at Bronco Invitational (Sunnyvale, Calif.)
Long Beach State at Pre-Nationals (Terre Haute, Ind.)
UC Davis at Bronco Invitational (Sunnyvale, Calif.)
UC Davis at Pre-Nationals (Terre Haute, Ind.)
UC Irvine at Cal Poly Invitational (San Luis Obispo, Calif.)
UC Santa Barbara at Cal Poly Invitational (San Luis Obispo, Calif.)
UC Santa Barbara at Pre-Nationals (Terre Haute, Ind.)
Pacific at Bronco Invitational (Sunnyvale, Calif.)

Friday, October 23

Cal State Fullerton at Titan Invitational (Fullerton, Calif.)
Cal State Northridge at Titan Invitational (Fullerton, Calif.)
Long Beach State at Titan Invitational (Fullerton, Calif.)
UC Irvine at Titan Invitational (Fullerton, Calif.)
UC Riverside at Titan Invitational (Fullerton, Calif.)
UC Santa Barbara at Titan Invitational (Fullerton, Calif.)

Saturday, October 31

Big West Championships – Riverside Ops Course, hosted by UC Riverside (Riverside, Calif.)

Saturday, November 14

NCAA West Regional Championships – Springfield C.C., hosted by University of Oregon (Springfield, Ore.)

Monday, November 23

NCAA Championships – LaVern Gibson Course, hosted by Indiana State University (Terre Haute, Ind.)