



# 2009 BIG WEST CROSS COUNTRY

Big West Conference - 2 Corporate Park, Suite 206, Irvine, CA 92606

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### Second Weekend of October Sees Light Cross Country Slate

The three-week mark until the Big West Cross Country Championships hits this weekend, but it will be a light slate of action as three teams are competing in two meets.

Pacific returns to the trails after a week off as the Tigers head to the Bay Area for the San Francisco State Invitational held at Golden Gate Park's Speedway Meadows. Pacific finished ninth in last year's SF State Invitational, highlighted by a pair of runners finishing in the top 40, one of which finished in the top 20.

The other two squads in action, Long Beach State and UC Irvine, will both compete at the Triton Classic in San Diego Saturday morning. UCI, which is coming off first place showings in the men's and women's race at the Pomona-Pitzer Invitational, will send only a women's contingent to the event.

#### THIS WEEK'S SCHEDULE

##### Friday, October 9

Pacific at San Francisco State Invitational  
(San Francisco, Calif.)

##### Saturday, October 10

Long Beach State at Triton Classic (San Diego, Calif.)  
UC Irvine at Triton Classic (San Diego, Calif.)

### CP's Gatel, UCR's Daly Garner Athlete of the Week Accolades

Cal Poly's Joe Gatel and UC Riverside's Katy Daly parlayed solid performances last week into Big West Men's and Women's Athlete of the Week honors, respectively.

Gatel, a senior from Huntington Beach, Calif., was the Mustangs' top runner at the Bill Dellinger Invitational. He led the nationally-ranked squad with a 21st place finish in 24:10, helping the team post a sixth place showing in the event.

Daly, a freshman from San Francisco, Calif., had a solid showing at the adidas Notre Dame Invitational. She finished the 5K course in 17:47, good for 75th place in the tough field of 178 runners and the top showing for the UCR women.

### USTFCCC Women's Cross Country National Poll - 10/6

- |                   |                      |
|-------------------|----------------------|
| 1. Washington     | 16. Penn State       |
| 2. Villanova      | 17. Arizona State    |
| 3. West Virginia  | 18. Illinois         |
| 4. Oregon         | 19. Colorado         |
| 5. Princeton      | 20. Texas Tech       |
| 6. Stanford       | 21. New Mexico       |
| 7. Iowa State     | 22. Brigham Young    |
| 8. Minnesota      | 23. Michigan         |
| 9. Florida        | 24. Michigan State   |
| 10. Virginia      | 25. Providence       |
| 11. Florida State | 26. SMU              |
| 12. Baylor        | 27. Northern Arizona |
| 13. Georgetown    | 28. Wisconsin        |
| 14. Duke          | 29. Iowa             |
| 15. Syracuse      | 30. Notre Dame       |

### USTFCCC Men's Cross Country National Poll - 10/6

- |                     |                     |
|---------------------|---------------------|
| 1. Stanford         | 16. Providence      |
| 2. Northern Arizona | 17. Indiana         |
| 3. Alabama          | 18. Iowa State      |
| 4. Colorado         | t-19. Arizona State |
| 5. Oklahoma State   | t-19. Butler        |
| 6. Brigham Young    | t-21. New Mexico    |
| 7. Oregon           | t-21. N.C. State    |
| 8. Portland         | 23. Oklahoma        |
| 9. William & Mary   | 24. Villanova       |
| 10. Georgetown      | 25. Arkansas        |
| 11. Syracuse        | 26. Duke            |
| 12. Iona            | 27. Tulsa           |
| 13. Wisconsin       | 28. Florida State   |
| 14. Washington      | 29. Cal Poly        |
| 15. Virginia        | 30. Minnesota       |

### 2009 WOMEN'S TOP INDIVIDUAL TIMES (5K)

Name, School	Date	Time	Name, School	Date	Time
1. Lilyana Morejon, CSUN	9/19	17:07.1	6. Amanda Moreno, UCSB	9/19	17:27.9
2. Katy Daly, UCR	9/19	17:16.3	7. Katie Voigtlander, UCSB	9/19	17:29.0
3. Ashleigh Pratt, UCR	9/19	17:21.5	8. Damajeria Dubose, UCR	9/19	17:30.7
4. Abbey Gallaher, UCD	9/12	17:23.0	9. Yomaira Hernandez, CSF	9/19	17:41.4
5. Kayleigh Tyerman, CP	9/5	17:26.6	10. Bree Strenkowski, UCSB	9/19	17:42.6

### 2009 WOMEN'S TOP INDIVIDUAL TIMES (6K)

Name, School	Date	Time	Name, School	Date	Time
1. Kayleigh Tyerman, CP	9/26	21:00	6. Abbey Gallaher, UCD	9/26	21:47
2. Lilyana Morejon, CSUN	9/26	21:10	7. Bridie McCarey, CP	9/26	21:48
3. Sarah Sumpter, UCD	9/26	21:24	8. Katie Voigtlander, UCSB	9/26	21:58
4. Breanne Strenkowski, UCSB	9/26	21:34	9. Ali Stoakley, UCD	9/26	22:02
5. Caitlin Fitzgerald, UCD	9/26	21:46	10. Crystal Reed, UCSB	9/26	22:08

### 2009 MEN'S TOP INDIVIDUAL TIMES (8K)

Name, School	Date	Time	Name, School	Date	Time
1. Joe Gatel, CP	10/2	24:10.97	6. Emmanuel Ngula, UCR	9/19	24:32.3
2. Chad Hall, UCR	10/2	24:17	7. Julian deRubira, UCSB	9/5	24:33.0
3. Russell Pfaff, UCD	9/26	24:25	8. Waleed Totari, UCSB	9/26	24:38
4. Jon Peterson, UCD	9/26	24:25	9. Scott Smith, UCSB	9/5	24:39.0
5. Evan Anderson, CP	10/2	24:29.47	10. Andrew Wright, CP	10/2	24:39.39

### BIG WEST ATHLETES OF THE WEEK

Date	Men's Athlete	School	Yr.	Date	Women's Athlete	School	Yr.
9/9	Julian deRubira	UCSB	Jr.	9/9	Kayleigh Tyerman	CP	Fr.
9/16	Jonathan Peterson	UCD	So.	9/16	Kayleigh Tyerman	CP	Fr.
9/23	Chad Hall	UCR	So.	9/23	Lilyana Morejon	CSUN	Jr.
9/30	Russell Pfaff	UCD	Jr.	9/30	Kayleigh Tyerman	CP	Fr.
10/7	Joe Gatel	CP	Sr.	10/7	Katy Daly	UCR	Fr.
10/21				10/21			
10/27				10/27			

### USTFCCCA

#### Men's West Region Poll - 10/5

- |                  |                      |
|------------------|----------------------|
| 1. Stanford      | 9. UC Davis          |
| 2. Oregon        | 10. Washington State |
| 3. Portland      | 11. UC Riverside     |
| 4. Washington    | 12. UC Santa Barbara |
| 5. Arizona State | 13. San Francisco    |
| 6. Cal Poly      | 14. Long Beach State |
| 7. UCLA          | 15. Arizona          |
| 8. California    |                      |

### USTFCCA

#### Women's West Region Poll - 10/5

- |                     |                      |
|---------------------|----------------------|
| 1. Washington       | 9. San Francisco     |
| 2. Oregon           | 10. UCLA             |
| 3. Stanford         | 11. UC Riverside     |
| 4. Arizona State    | 12. UC Santa Barbara |
| 5. Arizona          | 13. Cal Poly         |
| 6. California       | 14. Long Beach State |
| 7. Loyola Marymount | 15. Idaho            |
| 8. UC Davis         |                      |

## LAST WEEK IN THE BIG WEST

(Friday, October 2 - Saturday, October 3)

MEN

**CAL POLY**  
**Team Finish:** 6th of 10

Bill Dellinger Invitational (8K)  
**Score:** 173 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Joe Gate	21st	24:10.97
Evan Anderson	34th	24:29.47
Andrew Wright	40th	24:39.39
Leif Anderson	42nd	24:42.67
Carl Dargitz	47th	24:48.23

**CAL STATE FULLERTON**  
**Team Finish:** 12th of 25

Cowboy Jamboree (8K)  
**Score:** 347 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Joey Divizia	45th	25:14.0
Tyler Reed	94th	25:58.0
Ren Jones	103rd	26:06.7
Corey Bullock	107th	26:12.4
John Carrell	111th	26:15.6

**UC DAVIS**  
**Team Finish:** 1st of 5

Doc Adams Open (8K)  
**Score:** 47 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Kyle Suarez	2nd	25:24.8
Calvin Thigpen	3rd	25:28.4
Jesse Arellano	10th	26:14.8
Drew Petersen	13th	26:29.8
Andrew Deck	25th	27:09.1

**UC IRVINE**  
**Team Finish:** 1st of 11

Pomona-Pitzer Invitational (8K)  
**Score:** 24 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Rex Nelson	1st	25:32.37
Brett Matejka	4th	25:45.49
Sam Hyams	5th	25:59.33
Victor Bonilla	7th	26:06.53
Barrett Tilley	9th	26:09.69

**UC RIVERSIDE**  
**Team Finish:** 20th of 23 (Blue Division)

adidas Notre Dame Invitational (8K)  
**Score:** 447 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Chad Hall	21st	24:17
Emmanuel Ngula	75th	25:01
Talal Khan	109th	25:28
Daniel Lindstrom	120th	25:36
Jose Melena	129th	25:46

WOMEN

**CAL STATE FULLERTON**  
**Team Finish:** 14th of 24

Cowboy Jamboree (5K)  
**Score:** 366 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Yomaira Hernandez	35th	18:17.2
Carolyn Ellis	53rd	18:36.7
Lauren Jacobs	88th	19:06.3
Andrea Aguilar	98th	19:10.4
Meredith Robie	119th	19:29.4

**UC DAVIS**  
**Team Finish:** N/A

Doc Adams Open (6K)  
**Score:** NTS

<u>Top Finishers</u>	<u>Place</u>	<u>Time</u>
Kristina Taylor	3rd	22:04.6
Katie Nast	7th	22:22.7
Brittney Escamilla	10th	22:41.0
Gina Dettmer	13th	23:05.3

**UC IRVINE**  
**Team Finish:** 1st of 10

Pomona-Pitzer Invitational (6K)  
**Score:** 25 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Melissa Mead	2nd	22:51.19
Chloe Fata	4th	23:18.01
Shelby Pock	5th	23:19.80
Nicole Mendoza	6th	23:33.19
Courtney Wilson	8th	23:44.55

**UC RIVERSIDE**  
**Team Finish:** 20th of 22 (Blue Division)

adidas Notre Dame Invitational (5K)  
**Score:** 533 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Katy Daly	75th	17:47
Damajeria DuBose	92nd	18:04
Ashleigh Pratt	113th	18:21
Jenessia Navarro	140th	18:41
Jackie Juarez	147th	18:48

**Friday, September 4**

UC Riverside at Nevada Twilight Classic (Reno, Nev.)

**Saturday, September 5**

Cal Poly at UC Santa Barbara Lagoon Open (Santa Barbara, Calif.)  
Cal State Fullerton at Fullerton Season Opener (Fullerton, Calif.)  
Long Beach State at Fullerton Season Opener (Fullerton, Calif.)  
UC Davis at USF Invitational (San Francisco, Calif.)  
Pacific at USF Invitational (San Francisco, Calif.)

**Saturday, September 12**

Cal Poly at Asics/UCI Invitational (Irvine, Calif.)  
Cal State Northridge at Asics/UCI Invitational (Irvine, Calif.)  
UC Davis at Hornet Jamboree (Sacramento, Calif.)  
UC Irvine at Asics/UCI Invitational (Irvine, Calif.)  
Pacific at Hornet Jamboree (Sacramento, Calif.)

**Saturday, September 19**

Cal State Fullerton at UC Riverside Invitational (Riverside, Calif.)  
Cal State Northridge at UC Riverside Invitational (Riverside, Calif.)  
Long Beach State at Aztec Invitational (San Diego, Calif.)  
UC Riverside at UC Riverside Invitational (Riverside, Calif.)  
UC Santa Barbara at UC Riverside Invitational (Riverside, Calif.)

**Saturday, September 26**

Cal Poly at Stanford Invitational (Stanford, Calif.)  
Cal State Northridge at Stanford Invitational (Stanford, Calif.)  
Long Beach State at Stanford Invitational (Stanford, Calif.)  
UC Davis at Stanford Invitational (Stanford, Calif.)  
UC Irvine at Stanford Invitational (Stanford, Calif.)  
UC Santa Barbara at Stanford Invitational (Stanford, Calif.)  
Pacific at Warrior Invitational (Turlock, Calif.)

**Friday, October 2**

Cal Poly at Bill Dellinger Invitational (Eugene, Ore.)  
UC Riverside at adidas Notre Dame Invitational (South Bend, Ind.)

**Saturday, October 3**

Cal State Fullerton at Cowboy Jamboree (Stillwater, Okla.)  
UC Davis at Doc Adams Open (Davis, Calif.)  
UC Irvine at Pomona-Pitzer Invitational (Claremont, Calif.)

**Friday, October 9**

Pacific at San Francisco Invitational (San Francisco, Calif.)

**Saturday, October 10**

Long Beach State at Triton Classic (San Diego, Calif.)  
UC Irvine at Triton Classic (San Diego, Calif.)

**Friday, October 16**

Cal State Fullerton at Northridge Invitational (Northridge, Calif.)  
Cal State Northridge at Northridge Invitational (Northridge, Calif.)  
UC Riverside at Northridge Invitational (Northridge, Calif.)

**Saturday, October 17**

Cal Poly at Cal Poly Invitational (San Luis Obispo, Calif.)  
Cal Poly at Pre-Nationals (Terre Haute, Ind.)  
Long Beach State at Bronco Invitational (Sunnyvale, Calif.)  
Long Beach State at Pre-Nationals (Terre Haute, Ind.)  
UC Davis at Bronco Invitational (Sunnyvale, Calif.)  
UC Davis at Pre-Nationals (Terre Haute, Ind.)  
UC Irvine at Cal Poly Invitational (San Luis Obispo, Calif.)  
UC Santa Barbara at Cal Poly Invitational (San Luis Obispo, Calif.)  
UC Santa Barbara at Pre-Nationals (Terre Haute, Ind.)  
Pacific at Bronco Invitational (Sunnyvale, Calif.)

**Friday, October 23**

Cal State Fullerton at Titan Invitational (Fullerton, Calif.)  
Cal State Northridge at Titan Invitational (Fullerton, Calif.)  
Long Beach State at Titan Invitational (Fullerton, Calif.)  
UC Irvine at Titan Invitational (Fullerton, Calif.)  
UC Riverside at Titan Invitational (Fullerton, Calif.)  
UC Santa Barbara at Titan Invitational (Fullerton, Calif.)

**Saturday, October 31**

Big West Championships – Riverside Ops Course, hosted by UC Riverside (Riverside, Calif.)

**Saturday, November 14**

NCAA West Regional Championships – Springfield C.C., hosted by University of Oregon (Springfield, Ore.)

**Monday, November 23**

NCAA Championships – LaVern Gibson Course, hosted by Indiana State University (Terre Haute, Ind.)