

Women's Track and Field Year-By-Year Championships

1984 Team Scores

Host: UC Irvine

1. UNLV	84.00
2. UC Irvine	71.00
3. UC Santa Barbara	24.00

1985 Team Scores

Host: UC Irvine

1. UNLV	90.00
2. UC Irvine	65.00
3. Hawai'i	31.00
4. UC Santa Barbara	20.00

1986 Team Scores

Host: Fresno State

1. UNLV	134.00
2. San Diego State	130.00
3. Fresno State	114.00
4. UC Irvine	90.00
5. Cal State Fullerton	48.00
6. UC Santa Barbara	39.00
7. Long Beach State	34.00

1987 Team Scores

Host: UC Irvine

1. Fresno State	159.00
2. UNLV	127.00
3. UC Irvine	92.00
San Diego State	92.00
5. Long Beach State	79.00
6. Cal State Fullerton	25.00
7. UC Santa Barbara	18.00

1988 Team Scores

Host: Utah State

1. Fresno State	169.00
2. UC Irvine	126.00
3. San Diego State	106.00
4. UNLV	91.00
5. Long Beach State	73.00
6. Cal State Fullerton	12.00
7. UC Santa Barbara	11.00

1989 Team Scores

Host: Long Beach State

1. UNLV	178.50
2. Fresno State	147.00
3. UC Irvine	107.50
4. San Diego State	56.00
5. Long Beach State	49.00
6. Cal State Fullerton	27.00
7. UC Santa Barbara	24.00

1990 Team Scores

Host: UNLV

1. UNLV	146.00
2. UC Irvine	135.00
3. San Diego State	132.00
4. Fresno State	104.00
5. Long Beach State	59.00
6. UC Santa Barbara	10.00
7. Cal State Fullerton	3.00

1991 Team Scores

Host: UC Irvine

1. Fresno State	166.00
2. UC Irvine	159.00
3. UNLV	111.00
4. Long Beach State	78.00
5. Utah State	51.00
6. New Mexico State	14.00
7. UC Santa Barbara	9.00
8. Cal State Fullerton	1.00

1992 Team Scores

Host: Fresno State

1. Fresno State	171.00
2. UNLV	127.00
3. UC Irvine	124.33
4. Utah State	76.33
5. New Mexico State	26.00
6. Cal State Fullerton	23.00
7. UC Santa Barbara	21.00
8. Long Beach State	19.33

1993 Team Scores

Host: UC Irvine

1. Utah State	141.00
2. UNLV	117.00
3. Long Beach State	106.00
4. UC Irvine	75.00
5. Nevada	57.00
6. New Mexico State	44.00
7. UC Santa Barbara	35.00
8. Cal State Fullerton	14.00

1994 Team Scores

Host: New Mexico State

1. Utah State	137.00
2. UNLV	128.00
3. Nevada	107.00
4. UC Irvine	76.00
5. Long Beach State	50.00
6. UC Santa Barbara	36.00
7. Cal State Fullerton	30.00
8. New Mexico State	25.00

1995 Team Scores

Host: Long Beach State

1. Utah State	181.00
2. Nevada	151.00
3. UC Santa Barbara	94.00
4. UC Irvine	70.00
5. New Mexico State	67.00
6. Long Beach State	64.00
7. UNLV	57.00
8. Cal State Fullerton	56.00

1996 Team Scores

Host: Utah State

1. Utah State	243.50
2. UC Irvine	131.00
3. UC Santa Barbara	108.50
4. Nevada	93.50
5. UNLV	88.50
6. Long Beach State	61.00
7. Cal State Fullerton	27.00
8. New Mexico State	25.00

1997 Team Scores

Host: UC Irvine

1. Utah State	139.33
2. Boise State	130.00
3. Nevada	124.33
4. UC Irvine	91.00
5. Idaho	72.00
6. UC Santa Barbara	58.00
7. Long Beach State	50.00
8. North Texas	47.00
9. Cal Poly	38.00
10. New Mexico State	17.33
11. Cal State Fullerton	13.00

1998 Team Scores

Host: Boise State

1. Utah State	239.00
2. Cal Poly SLO	120.00
3. Nevada	106.50
4. Idaho	70.00
5. UC Santa Barbara	65.00
6. Boise State	64.00
7. UC Irvine	55.00
8. North Texas	36.00
9. Long Beach State	23.00
10. Cal State Fullerton	20.50
11. New Mexico State	19.00

1999 Team Scores

Host: Cal State Fullerton

1. Utah State	177.0
2. Cal Poly	139.0
3. Nevada	124.5
4. Long Beach State	105.5
5. Boise State	85.00
6. Idaho	54.00
7. UC Santa Barbara	47.00
8. North Texas	44.00
9. New Mexico State	27.00
10. UC Irvine	11.00
11. Cal State Fullerton	5.00

2000 Team Scores

Host: Idaho

1. Nevada	195.0
2. Utah State	153.5
3. Idaho	129.0
4. Cal Poly	82.00
5. Boise State	61.00
6. Cal State Fullerton	46.50
7. UC Irvine	46.00
8. Long Beach State	45.50
9. New Mexico State	34.50
10. UC Santa Barbara	26.00

2001 Team Scores

Host: Long Beach State

1. Idaho	230.0
2. Utah State	167.0
3. Cal Poly	133.0
4. UC Santa Barbara	89.00
5. Long Beach State	77.00
6. UC Irvine	55.50
7. Cal State Fullerton	39.00
8. Boise State	24.50

2002 Team Scores

Host: UC Irvine

1. Cal State Northridge	193
2. Cal Poly	124
3. UC Irvine	116
4. Utah State	92
5. Idaho	90
6. Long Beach State	78
7. UC Santa Barbara	62
8. Cal State Fullerton	37
9. UC Riverside	23

2003 Team Scores

Host: Cal State Northridge

1. Idaho	213
2. Cal State Northridge	129
3. Cal Poly	122
4. UC Irvine	77
5. Utah State	66
6. Long Beach State	64
7. UC Santa Barbara	63
8. UC Riverside	50
9. Cal State Fullerton	23

2004 Team Scores

Host: UC Irvine

1. Cal State Northridge	165
2. Idaho	150.5
3. Cal Poly	132.5
4. UC Santa Barbara	118
5. Long Beach State	100
6. Utah State	67
7. UC Riverside	35
8. UC Irvine	33.5
9. Cal State Fullerton	16.5

2005 Team Scores

Host: UC Irvine

1. UC Santa Barbara	179
2. Cal State Northridge	156
3. Long Beach State	138
4. Utah State	98
5. Cal Poly	91.50
6. UC Riverside	54
7. Idaho	53
8. Cal State Fullerton	32
9. UC Irvine	16.50

2006 Team Scores

Host: Cal State Northridge

1. Cal State Northridge	207
2. UC Santa Barbara	165.5
3. Long Beach State	152
4. Cal State Fullerton	107
5. Cal Poly	76.5
6. UC Riverside	63
7. UC Irvine	44

2007 Team Scores

Host: Cal State Northridge

1. Cal State Northridge	174
2. UC Santa Barbara	166
3. Long Beach State	146.5
4. Cal Poly	129
5. Cal State Fullerton	79
6. UC Riverside	61.5
7. UC Irvine	59

2008 Team Scores

Host: Cal State Northridge

1. Cal State Northridge	189
2. UC Riverside	143
3. Cal Poly	126
4. Long Beach State	110.5
5. Cal State Fullerton	89.5
6. UC Santa Barbara	60
7. UC Davis	59
8. UC Irvine	42

Women's Track and Field Year-By-Year Championships

2009 Team Scores

Host: UC Irvine

1.	Cal State Northridge	198
2.	Cal Poly	114.5
3.	UC Riverside	100.5
4.	Cal State Fullerton	98
5.	UC Davis	94
6.	UC Irvine	80.5
7.	UC Santa Barbara	69
8.	Long Beach State	61.5

2010 Team Scores

Host: Cal State Northridge

1.	Cal State Northridge	193
2.	UC Santa Barbara	188
3.	UC Davis	113
4.	Cal State Fullerton	97
5.	UC Riverside	71
6.	Cal Poly	60
7.	Long Beach State	53
8.	UC Irvine	43

2011 Team Scores

Host: UC Irvine

1.	Cal State Northridge	165.5
2.	UC Santa Barbara	126
3.	UC Davis	105
4.	Long Beach State	98.5
5.	UC Riverside	97
6.	Cal Poly	88
7.	UC Irvine	75
8.	Cal State Fullerton	61

Team Championships

Cal State Northridge	8
Utah State	7
UNLV	5
Fresno State	4
Idaho	2
UC Santa Barbara	1
Nevada	1

***Bold** denotes active member*

Women's Track and Field Individual Champions

100 Meters

Year	Champion	School	Time
1984	Michelle Stewart	UNLV	11.99
1985	Inger Peterson	UNLV	11.77
1986	Inger Peterson	UNLV	11.57
1987	Sonja Green	UNLV	11.60
1988	Carrie Franklin	UNLV	11.63
1989	Carrie Franklin	UNLV	11.76
1990	Maddette Smith	UNLV	12.19
1991	Desiree Bracey	UCI	11.73
1992	Zundra Feagin	UNLV	11.61
1993	Kim Barnes	USU	11.93
1994	Ali McKnight	UN	11.76
1995	Ali McKnight	UN	11.61
1996	Toby Dean	UCI	11.78
1997	Jackie Hunter	BSU	11.88
1998	Tamatha Jackson	CP	11.66
1999	Tamatha Jackson	CP	11.36
2000	Frankie-Jo Olmos	UN	11.95
2001	Danielle Kot	USU	11.69
2002	Aisha Margain	CSUN	11.76
2003	Angela Whyte	UI	11.57wa
2004	Shauna Hackett	CSUN	11.67
2005	Deanna Goodwin	CSUN	11.73
2006	Deanna Goodwin	CSUN	11.83
2007	Deanna Goodwin	CSUN	11.71
2008	Sherrina Lofton	CSUN	11.60
2009	Sherrina Lofton	CSUN	11.58
2010	Precious Watkins	CSUN	11.91
2011	Sherrina Lofton	CSUN	11.65

200 Meters

Year	Champion	School	Time
1984	Inger Peterson	UNLV	23.61
1985	Gwen Gardner	UH	24.18
1986	Carrie Franklin	UNLV	23.76
1987	Sonja Green	UNLV	23.86
1988	Cathy Roberts	LBSU	23.62
1989	Carrie Franklin	UNLV	23.86
1990	Darla Vaughn	SDSU	24.63
1991	Desiree Bracey	UCI	24.14
1992	Crystal Irving	UNLV	23.40
1993	LaSabre Bell	USU	24.47
1994	Ali McKnight	UN	24.09
1995	Ali McKnight	UN	23.40
1996	Ladonna Antoine	USU	23.40
1997	Ladonna Antoine	USU	23.23
1998	Tamatha Jackson	CP	23.81
1999	Tamatha Jackson	CP	23.31
2000	Charon Stewart	CP	24.45
2001	Danielle Kot	USU	23.96
2002	Annetta Wells	CSUN	23.24
2003	Angela Whyte	UI	23.74
2004	Deanna Goodwin	CSUN	24.18
2005	Kylie McCuen	UCSB	23.88
2006	Kylie McCuen	UCSB	23.81
2007	Deanna Goodwin	CSUN	23.56
2008	Sherrina Lofton	CSUN	23.50
2009	Sherrina Lofton	CSUN	23.90
2010	Ciara Short	CSF	23.93
2011	Ciara Short	CSF	23.42

400 Meters

Year	Champion	School	Time
1984	Inger Peterson	UNLV	56.10
1985	Gwen Gardner	UH	54.66
1986	Renee Ross	SDSU	54.34
1987	Rosey Edeh	FS	53.73
1988	Rose Blake	FS	53.19
1989	Julie Harrison	UNLV	53.15
1990	Julie Harrison	UNLV	54.67
1991	Crystal Irving	UNLV	53.45

1992	Crystal Irving	UNLV	52.89
1993	Judy Fraser	UNLV	54.19
1994	Judy Fraser	UNLV	53.31
1995	Ladonna Antoine	USU	52.75
1996	Ladonna Antoine	USU	51.92
1997	Ladonna Antoine	USU	51.48
1998	Shelley Grupe	USU	53.54
1999	Shelley Grupe	USU	54.34
2000	Kristi Connors	USU	54.71
2001	Maggie Vessey	CP	53.96
2002	Annetta Wells	CSUN	52.97
2003	Comfort Agara	CSUN	54.61
2004	Jasmine Washington	UCSB	53.58
2005	Kylie McCuen	UCSB	54.52
2006	Kylie McCuen	UCSB	54.11
2007	Kandace Wilson	CSF	54.64
2008	Shelese Ruffin	CSUN	53.80
2009	Shelese Ruffin	CSUN	53.53
2010	Ciara Short	CSF	52.37
2011	Ciara Short	CSF	52.31

*800 Meters

Year	Champion	School	Time
1984	Susie Hensel	UNLV	2:10.65
1985	Trena Hull	UNLV	2:10.71
1986	Trena Hull	UNLV	2:06.98
1987	Trena Hull	UNLV	2:05.23
1988	Kerri Zaleski	LBSU	2:08.99
1989	Shannon Lieder	FS	2:09.49
1990	Christine Royal	SDSU	2:14.21
1991	Maria Akrara	UCI	2:06.33
1992	Shannon Lieder	FS	2:09.80
1993	Jean Fletcher	UNLV	2:14.32
1994	Jean Fletcher	UNLV	2:11.68
1995	Kamara Mayberry	UNLV	2:12.73
1996	Holiday Molway	UCI	2:13.33
1997	Niamh Beirne	BSU	2:08.02
1998	Christie Engesser	UCI	2:08.31
1999	Sabrina Caplis	UCSB	2:07.09
2000	Melissa Jensen	USU	2:14.53
2001	Amber Jensen	USU	2:12.06
2002	Maggie Vessey	CP	2:06.53
2003	Maggie Vessey	CP	2:08.01
2004	Mary Kamau	UI	2:11.95
2005	Maggie Vessey	CP	2:04.78
2006	Tajma Stephenson	UCR	2:08.00
2007	Lea Wallace	CP	2:09.56
2008	Brenda Martinez	UCR	2:07.51
2009	Brenda Martinez	UCR	2:07.01
2010	Brenda Martinez	UCR	2:06.31
2011	Justine Diaz	UCSB	2:10.30

* - meet record was set by Brenda Martinez of UCR in prelim race in 2009

1,500 Meters

Year	Champion	School	Time
1984	Jennifer Abraham	UCI	4:28.75
1985	Trena Hull	UNLV	4:26.76
1986	Trena Hull	UNLV	4:21.98
1987	Trena Hull	UNLV	4:16.40
1988	Judy McLaughlin	UCI	4:33.65
1989	Brigid Stirling	UCI	4:25.24
1990	Buffy Rabbitt	UCI	4:26.50
1991	Maria Akrara	UCI	4:17.64
1992	Shannon Lieder	FS	4:27.27
1993	Jean Fletcher	UNLV	4:40.24
1994	Jean Fletcher	UNLV	4:43.36
1995	Christa Ayuso	LBSU	4:36.39
1996	Holiday Molway	UCI	4:48.05
1997	Niamh Beirne	BSU	4:24.99
1998	Holly Hansen	USU	4:28.15
1999	Yvonne Marquez	NMSU	4:29.43

2000	Rebekah Thornley	USU	4:27.57
2001	Rebekah Thornley	USU	4:26.97
2002	Kristen Coombs	USU	4:34.95
2003	Daniella Pogorzelski	UI	4:33.79
2004	Mary Kamau	UI	4:26.04
2005	Mary Kamau	UI	4:20.02
2006	Amber Steen	UCI	4:24.47
2007	Brenda Martinez	UCR	4:23.87
2008	Brenda Martinez	UCR	4:22.90
2009	Brenda Martinez	UCR	4:17.88
2010	Brenda Martinez	UCR	4:24.80
2011	Vanessa Hancock	CP	4:27.73

3,000 Meters

Year	Champion	School	Time
1984	Lisa Gonzales	UCI	9:52.45
1985	Jennifer Abraham	UCI	9:51.46
1986	Jill Harrington	UCI	9:53.91
1987	Jill Harrington	UCI	9:38.28
1988	Buffy Rabbitt	UCI	10:16.39
1989	Brigid Stirling	UCI	9:39.54
1990	Buffy Rabbitt	UCI	10:02.40
1991	Buffy Rabbitt	UCI	9:29.42
1992	Kristen Peters	CSF	9:53.65
1993	Diane McCarthy	UNLV	10:08.68
1994	Laura Monson	UCI	10:17.85
1995	Heather Killeen	CSF	9:55.57
1996	Eva Mattson	UCSB	10:20.79
1997	Judy Barreto	BSU	9:45.19
1998	Holly Hansen	USU	9:51.62
1999	Judy Barreto	BSU	9:48.51
2000	Abby Peters	BSU	10:06.60

3,000 Meter Steeplechase

Year	Champion	School	Time
2001	Jaime Stone	UI	10:45.20
2002	Jenny Liou	UCI	10:57.00
2003	Letiwe Marakurwa	UI	10:30.53
2004	Letiwe Marakurwa	UI	10:24.72
2005	Tiffany Strickland	USU	10:30.60
2006	Bethany Nickless	UCSB	10:40.86
2007	Bethany Nickless	UCSB	10:52.41
2008	Carolyn Ellis	CSF	10:37.21
2009	Julianne Masciana	CSF	10:23.36
2010	Carolyn Ellis	CSF	10:30.36
2011	LeAnne Fogg	CP	10:23.85

5,000 Meters

Year	Champion	School	Time
1984	Lorraine Mercado	UCI	17:17.72
1985	Beth McGrann	UCI	17:26.28
1986	Beth McGrann	UCI	16:59.30
1987	Jennifer Abraham	UCI	17:06.05
1988	Beth McGrann	UCI	18:02.83
1989	Beth McGrann	UCI	16:38.19
1990	Jennifer Bessel	LBSU	17:11.34
1991	Cindy Amster	FS	16:58.30
1992	Traci Goodrich	UCI	17:06.61
1993	Jade Preato	UCI	17:38.00
1994	Heather Killeen	CSF	17:51.10
1995	Heather Killeen	CSF	16:52.60
1996	Tanja Brix	UCI	18:11.96
1997	Jo-Jo Yaba	UCI	17:24.28
1998	Heather Bray	UCSB	17:31.39
1999	Melinda Campbell	BSU	16:39.92
2000	Abby Peters	BSU	17:10.27
2001	Kareen Nilsson	UCI	16:45.18
2002	Katie Appenrodt	UCSB	17:10.30
2003	Katie Appenrodt	UCSB	17:09.01
2004	Desiree Leek	UCSB	16:57.46
2005	Cosette Smith	UCSB	17:06.32
2006	Stephanie Rothstein	UCSB	17:09.07

Women's Track and Field Individual Champions

2007	Stephanie Rothstein	UCSB	16:42.50
2008	Danielle Domenichelli	UCSB	17:06.59
2009	Julianne Masciana	CSF	16:47.00
2010	Danielle Domenichelli	UCSB	16:39.22
2011	Amanda Moreno	UCSB	16:44.21

10,000 Meters

Year	Champion	School	Time
1984	Event not sponsored		
1985	Lori Shanoff	UCI	38:01.40
1986	Maureen Bradley	SDSU	36:46.44
1987	Maureen Bradley	SDSU	37:05.30
1988	Beth McGrann	UCI	37:41.93
1989	Beth McGrann	UCI	35:51.72
1990	Caroline Plier	UCI	37:53.00
1991	Cindy Amster	FS	35:45.20
1992	Dina Farage	FS	35:41.27
1993	Jade Preato	UCI	36:58.10
1994	Traci Goodrich	UCI	37:52.17
1995	Heather Killeen	CSF	36:49.97
1996	Gabriela Rodriguez	UCSB	38:06.51
1997	Jo-Jo Yaba	UCI	36:05.05
1998	Melinda Campbell	BSU	35:51.31
1999	Lena Brainard	BSU	35:51.11
2000	Jessica Zarndt	UN	37:27.24
2001	Jennifer DeRego	CP	34:59.76
2002	Julie Manson	UCI	36:32.29
2003	Letiwe Marakurwa	UI	37:57.44
2004	Cosette Smith	UCSB	36:22.67
2005	Megan Lewis	UCSB	36:15.06
2006	Stephanie Rothstein	UCSB	36:41.87
2007	Megan Lewis	UCSB	35:42.81
2008	Danielle Domenichelli	UCSB	36:14.49
2009	Lilyanna Morejon	CSUN	35:00.32
2010	Danielle Domenichelli	UCSB	34:50.29
2011	Breanne Strenkowski	UCSB	34:57.59

100 Meter Hurdles

Year	Champion	School	Time
1984	Valerie Flemmings	UNLV	13.80
1985	Sheila Tarr	UNLV	14.17
1986	Latanya Sheffield	SDSU	13.46
1987	Tanya Davis	UNLV	13.49
1988	Tanya Davis	UNLV	13.56
1989	Carrie Franklin	UNLV	13.98
1990	Tanya Davis	UNLV	14.28
1991	Monica Missick	FS	13.99w
1992	Travaia Williams	UNLV	13.76
1993	Kim Barnes	USU	13.95
1994	Ali McKnight	UN	13.71
1995	Ali McKnight	UN	13.37
1996	Jennifer Davidson	USU	13.46
1997	Stephanie Robinson	UN	14.28
1998	Jayne Hendrian	USU	14.06
1999	Jane Durfey	USU	13.79
2000	Atoya Shaw	UN	13.95
2001	Angela Whyte	UI	13.30
2002	Heather Heron	CSUN	13.42
2003	Angela Whyte	UI	13.11
2004	Willimena Cisco	CP	13.68
2005	Willimena Cisco	CP	13.92
2006	Willamena Cisco	CP	13.39
2007	Dinah Clark	CSF	13.77
2008	Lauren Williams	CSF	13.91
2009	Lauren Williams	CSF	13.37
2010	Lauren Williams	CSF	13.41
2011	Lauren Williams	CSF	13.51

400 Meter Hurdles

Year	Champion	School	Time
1984	Annie King	UCI	1:02.60
1985	Angela Williams	UH	59.92
1986	Margaret Hemmans	SDSU	1:00.68
1987	Margaret Hemmans	SDSU	58.53
1988	Ami Ice	LBSU	57.82
1989	Julie Harrison	UNLV	58.28
1990	Julie Harrison	UNLV	58.23
1991	Travaia Williams	UNLV	59.24
1992	Travaia Williams	UNLV	59.30
1993	Le'Gretta Hinds	LBSU	1:00.43
1994	Le'Gretta Hinds	LBSU	1:00.05
1995	Le'Gretta Hinds	LBSU	59.71
1997	Skye Green	UCI	58.03
1998	Jane Marshall	USU	59.73
1999	Jane Durfey	USU	59.54
2000	Sarah Bonilla	CP	59.89
2002	Kristin Hall	CP	60.85
2003	LeBren Martin	CP	57.69
2004	LeBren Martin	CP	58.12
2005	Julie Eze	CSUN	60.29
2006	Destany Cearley	CSF	60.51
2007	Julie Eze	CSUN	59.94
2008	Uchechi Egeonugwe	UCR	59.86
2009	Jhana Samuels	CP	60.18
2010	Barbara Nwaba	UCSB	60.51
2011	Ericka Nowell	UCI	58.82

4x100 Meter Relay

Year	Champion	Time
1984	UNLV	47.37
1985	UNLV	45.29
1986	UNLV	45.54
1987	UNLV	45.83
1988	UNLV	45.37
1989	UNLV	44.66
1990	UNLV	45.82
1991	UNLV	46.81
1992	UC Irvine	46.30
1993	Long Beach State	46.62
1994	UNLV	46.37
1995	Utah State	46.58
1996	Utah State	45.07
1997	Boise State	46.42
1998	Cal Poly	45.68
1999	Long Beach State	45.98
2000	New Mexico State	46.30
2001	Idaho	45.81
2002	Cal State Northridge	45.06
2003	Idaho	45.64
2004	Cal State Northridge	45.80
2005	Long Beach State	45.50
2006	Cal State Northridge	45.90
2007	Cal State Northridge	44.96
2008	Cal State Northridge	45.00
2009	Cal State Northridge	44.88
2010	Cal State Northridge	45.35
2011	Cal State Fullerton	45.88

4x400 Meter Relay

Year	Champion	Time
1984	UC Irvine	3:57.21
1985	Hawai'i	3:47.66
1986	San Diego State	3:41.04
1987	UNLV	3:37.36
1988	Fresno State	3:45.78
1989	UNLV	3:37.44
1990	UNLV	3:47.03
1991	UNLV	3:40.59
1992	UNLV	3:42.40

1993	UNLV	3:42.07
1994	UNLV	3:40.70
1995	Utah State	3:41.03
1996	Utah State	3:38.93
1997	North Texas	3:45.15
1998	Utah State	3:43.97
1999	Utah State	3:41.41
2000	Utah State	3:44.38
2001	Idaho	3:43.87
2002	Cal State Northridge	3:39.80
2003	Cal State Northridge	3:39.99
2004	Cal State Northridge	3:42.18
2005	Cal State Northridge	3:41.60
2006	UC Riverside	3:40.53
2007	Cal State Fullerton	3:39.18
2008	Cal State Northridge	3:37.95
2009	Cal State Northridge	3:40.43
2010	Cal State Northridge	3:41.52
2011	Cal State Northridge	3:41.41

High Jump

Year	Champion	School	Mark
1984	Sheila Tarr	UNLV	5-8.00
1985	Jenny Linderman	UCI	5-9.00
1986	Tonya Mendonca	FS	5-9.75
1987	Tonya Mendonca	FS	5-10.00
1988	Simone Srubek	FS	5-10.75
1989	Tara Fairfield	UCSB	5-9.75
1990	Simone Srubek	FS	5-10.00
1991	Amanda Hopkins	USU	5-8.75
1992	Travaia Williams	UNLV	5-10.50
1993	Agneta Westen	USU	5-8.00
1994	Lara Johnson	USU	5-7.25
1995	Leann Kazmer	UNLV	5-5.75
1996	Kristy Kierulff	LBSU	5-11.50
1997	Becky Blackburn	USU	5-8.50
1998	Tayyiba Haneef	LBSU	5-8.75
1999	Leslie Price	BSU	5-11.50
2000	Tayyiba Heneef	LBSU	6-1.25
2001	Tayyiba Heneef	LBSU	6-2.00
2002	Annmarie Turpin	UCI	5-7.00
2003	Kaylene Wagner	CP	6-0.50
2004	Kaylene Wagner	CP	6-3.25
2005	Sharon Day	CP	6-2.75
2006	Emily Forsythe	LBSU	5-8.75
2007	Sharon Day	CP	6-0.50
2008	Sharon Day	CP	6-4.75
2009	Lauren Collins	UCI	6-1.25
2010	Jane Doolittle	UCSB	6-0.00
2011	Desirae Gonder	CSUN	5-10.0

Long Jump

Year	Champion	School	Mark
1984	Sheila Nicks	UNLV	19-7.00
1985	Sheila Nicks	UNLV	19-3.75
1986	Yvette Roberts	FS	20-1wa
1987	Maureen Wiley	LBSU	19-8.25
1988	Cathy Roberts	LBSU	19-3.50
1989	Gretchen Jiles	UNLV	19-9.50
1990	Maddette Smith	UNLV	21-6.00
1991	Shunta' Rose	UNLV	21-8.00
1992	Shunta' Rose	UNLV	21-9.50
1993	Ambre Thompson	LBSU	19-0.00
1994	Tracy Dulmage	USU	19-10.25
1995	Becky Sorenson	USU	18-10.75
1996	Francis Sealy	UNLV	19-6.25
1997	Abigail Ferguson	BSU	19-9.00
1998	Jodi Bailey	UCSB	18-11.75
1999	Marion Reneau	LBSU	19-7.50
2000	Anita Sampson	UCI	18-10.50
2001	Angela Whyte	UI	19-5.25
2002	LaShaunda Fowler	CSUN	20-1.75

Women's Track and Field Individual Champions

2003	Zikarra Beverly	UCR	19-5.50
2004	Lashana Verdon	CSUN	19-6.75
2005	Toni Smith	CSUN	20-7.75
2006	Candyce Babb	CSUN	20-2.25
2007	Candyce Babb	CSUN	20-7.25
2008	Sharon Day	CP	19-7.50
2009	Shelese Ruffin	CSUN	19-7.50
2010	Shelese Ruffin	CSUN	20-1.00
2011	Phylicia Johnson	LBSU	19-8.00

Triple Jump

Year	Champion	School	Mark
1984	Valerie Flemmings	UNLV	37-9.50
1985	Sheila Nicks	UNLV	38-11.50
1986	Karin Grelsson	UCI	40-4.00
1987	Tamara Compton	FS	40-7.00
1988	Gaylen Ames	SDSU	38-5.50
1989	Billie Butler	UNLV	40-5.00
1990	Billie Butler	UNLV	43-1wa
1991	Shunta' Rose	UNLV	42-10.75
1992	Billie Butler	UNLV	43-11.25
1993	Marquita Kinight	LBSU	39-6.50
1994	Tracy Dulmage	USU	38-8.25
1995	Celesta Hicks	NMSU	37-2.5-wa
1996	Celesta Hicks	NMSU	38-4.75
1997	Abigail Ferguson	BSU	42-2.25
1998	Tricia Schmidt	USU	40-2.75
1999	Dionte Campbell	UNT	41-4.25
2000	Shirley Anku	NMS	42-5.25
2001	Anna Doty	CSF	40-7.50
2002	Dee Scott	CSUN	41-1.75
2003	Tammy Stowe	UI	41-6.50
2004	Cortney Stafford	CP	40-11.00
2005	Cortney Stafford	CP	42-9.75
2006	Caitlin Shields	CP	40-0.50
2007	Jessica Eggleston	CP	40-8.75
2008	Miia Mobley	LBSU	41-1.00
2009	Allison Wilder	UCR	42-6.25
2010	Lauren Reid	UCR	43-2.25
2011	Allison Wilder	UCR	43-0.25

Pole Vault

Year	Champion	School	Mark
1997	Marylou Badillo	LBSU	10-11.75
1998	Bianca Maran	CP	12-7.50
1999	Paula Serrano	CP	13-7.00
2000	Jenni Ashcroft	UN	13-0.00
2001	Connie Jerz	LBSU	12-7.25
2002	Shae Bai	USU	12-1.50
2003	Deborah Samson	UCSB	13-2.25
2004	Erin Curtis	UCI	12-3.50
2005	Jennifer Clarke	CSF	12-5.50
2006	Jill Reynolds	LBSU	12-5.50
2007	Jenna Homes	CP	12-5.50
2008	Krystal Quinn	CSUN	12-7.50
2009	Jenna Homes	CP	12-7.50
2010	Tiana Webberley	CSUN	12-4.75
2011	Tiana Webberley	CSUN	13-1.75

Discus

Year	Champion	School	Mark
1984	Brenda Westbrook	UCI	161-6.00
1985	Laura Mills	UCI	140-9.00
1986	Laura DeSnoo	SDSU	176-2.00
1987	Lacy Barnes	FS	177-10.00
1988	Lacy Barnes	FS	204-1.00
1989	Donna McKinnon	FS	155-9.00
1990	Celeste Paquette	LBSU	160-5.00
1991	Donna McKinnon	FS	163-0.00
1992	Talafulu Misa	FS	169-10.00
1993	Wendy Matthews	USU	151-11.00
1994	Kristina Barden	UN	148-5.50

1995	Wendy Matthews	USU	155-8.00
1996	Wendy Egberts	USU	168-0.00
1997	Jennifer Homer	USU	153-1.00
1998	Jessica Drake	USU	165-0.00
1999	Stephanie Brown	CP	156-11.00
2000	Shana Ball	UI	173-6.00
2001	Katja Schreiber	UI	186-1.00
2002	Stephanie Brown	CP	164-3.00
2003	Stephanie Brown	CP	183-1.00
2004	Ina Reiber	UI	181-8.00
2005	Heather Quinn	UCSB	160-05
2006	Katelyn Ciarelli	LBSU	154-05
2007	Jennifer Onyeagbako	LBSU	179-04
2008	Katelyn Ciarelli	LBSU	163-06
2009	Julie Dufresne	CP	161-03
2010	Ashley Hearn	UCD	173-05
2011	Nikki James	UCR	162-07

Shot Put

Year	Champion	School	Mark
1984	Sheila Tarr	UNLV	44-11.00
1985	Sheila Tarr	UNLV	49-1.50
1986	Dot Jones	FS	53-3.75
1987	Jacque Norton	LBSU	48-3.50
1988	Lacy Barnes	FS	46-10.25
1989	Joyce Fremstad	FS	44-1.50
1990	Carolyn Peters	SDSU	45-3.50
1991	Amy Fox	NMSU	47-4.50
1992	Amy Fox	NMSU	48-6.75
1993	Wendy Matthews	USU	44-9.00
1994	Doni DeCory	USU	44-11.75
1995	Kristina Barden	UN	44-2.50
1996	Kerrie Gilbert	UN	33-4.00
1997	Jill Wimer	UI	49-10.00
1998	Jessica Drake	USU	48-8.75
1999	Stephanie Brown	CP	49-9.25
2000	Katie Tuttle	UI	48-11.75
2001	Stephanie Brown	CP	52-9.25
2002	Stephanie Brown	CP	52-1.25
2003	Stephanie Brown	CP	54-7.25
2004	Laura Sauao	CSUN	51-7.25
2005	Heather Quinn	UCSB	47-7.00
2006	Jere' Summers	CSUN	49-11.75
2007	Amy Haapanen	UCSB	52-3.25
2008	Alisha Misaiata	UCI	49-11.25
2009	Julie Dufresne	CP	52-8.75
2010	Kayla Smith	UCSB	50-11.50
2011	Chidinma Onyewuenyi	UCD	50-3.50

*Javelin

Year	Champion	School	Mark
1984	Joanne Davis	UCSB	176-0.00
1985	Sheila Tarr	UNLV	162-6.25
1986	Juquita Brown	UNLV	173-7.00
1987	Chris Healy	FS	154-10.00
1988	Chris Harris	FS	154-6.00
1989	Karen Weitz	UNLV	151-9.00
1990	Nicole Carroll	FS	169-5.00
1991	Danene Bitter	FS	163-1.00
1992	Lori Walker	NMSU	135-10.00
1993	Lori Walker	NMSU	143-11.00
1994	Brandie Ellsworth	NMSU	137-3.00
1995	Brandie Ellsworth	NMSU	146-5.00
1996	Kim Lutz	USU	145-7.00
1997	Casey Fischer	BSU	167-5.00
1998	Valerie Fleming	UCSB	146-5.00
1999	Kyla McFarland	UN	154-01
2000	Kyla McFarland	UN	151-02
2001	Lacy Tannenber	CP	148-06
2002	Sammie Freeman	CSUN	162-04
2003	Sarah Willette	UI	149-03
2004	Ami Goldhammer	LBSU	154-00

2005	Kim Heinz	LBSU	150-11
2006	Kim Heinz	LBSU	158-09
2007	Alex Shaw	LBSU	160-06
2008	Alex Shaw	LBSU	160-04
2009	Katie Robbins	CP	146-02
2010	Randi Hicks	LBSU	162-04
2011	Ashley Gatewood	UCR	160-07

* - javelin specifications changed in 1999

HAMMER

Year	Champion	School	Mark
1996	Wendy Egbert	USU	180-1.00
1997	Dawn Smith	USU	162-11.00
1998	Erin Hartvigsen	USU	182-4.00
1999	Charlotte Wahlin	USU	187-2.00
2000	Gloria Butler	BSU	185-2.00
2001	Jessica Owen	USU	173-11.00
2002	Laura Sauao	CSUN	189-5.00
2003	Stephanie Sampson	LBSU	177-3.00
2004	Stephanie Sampson	LBSU	193-5.00
2005	Amy Haapanen	UCSB	194-10
2006	Raquel Sola	CSUN	189-00
2007	Amu Haapanen	UCSB	206-03
2008	Raquel Sola	CSUN	189-07
2009	Chid Onyewuenyi	UCD	183-08
2010	Morgan Bogard	CSUN	189-06
2011	Megan McFarland	UCR	182-03

HEPTATHLON

Year	Champion	School	Mark
1985	Stephanie Mundt	UCI	3,353
1986	Marian Nowak	SDSU	4,272
1987	Karin Grelsson	UCI	5,367
1988	Deanne Moyle	UNLV	4,348
1989	Ami Ice	LBSU	5,312
1990	Gaylen Ames	SDSU	5,150
1991	Ami Ice	LBSU	5,387
1992	Agneta Weston	USU	5,302
1993	Agneta Weston	USU	5,028
1994	Michelle Merritt	UCI	4,608
1995	Janel Chandler	UN	5,052
1996	Jaimie Hall	USU	5,060
1997	Janel Chandler	UN	5,304
1998	Janel Chandler	UN	4,996
1999	Marion Reneau	LBSU	5,375
2000	Erin Kelly	UN	5,151
2001	Nina Grubbs	LBSU	4,746
2002	Katie Farmer	USU	5,091
2003	Annmarie Turpin	UCI	5,228
2004	Ami Goldhammer	LBSU	4,838
2005	Manuela Kurrat	UI	5,614
2006	LaShana Verdon	CSUN	4,960
2007	Lauren Collins	UCI	5,512
2008	Sharon Day	CP	5,642
2009	Sherrina Lofton	CSUN	5,224
2010	Barbara Nwaba	UCSB	5,552
2011	Sherrina Lofton	CSUN	5,371

BOLD denotes championship meet record

Women's Track and Field All-Time Record Book

Big West Conference Records

Event	Record	Name	School	Year
100 Meters	11.34	Sonja Green	UNLV	1987
200 Meters	23.20	Inger Peterson	UNLV	1984
400 Meters	51.48	Ladonna Antoine	Utah State	1997
800 Meters	2:00.85	Brenda Martinez	UC Riverside	2009
1,500 Meters	4:09.52	Brenda Martinez	UC Riverside	2009
3,000 Meters	9:14.7	Jill Harrington	UC Irvine	1987
5,000 Meters	15:58.02	Amanda Moreno	UC Santa Barbara	2011
10,000 Meters	33:26.79	Stephanie Rothstein	UC Santa Barbara	2007
3,000 Meter Steeplechase	9:52.98	Letiwe Marakurwa	Idaho	2003
100M Hurdles	13.06	Angela Whyte	Idaho	2003
400M Hurdles	55.90	LaTanya Sheffield	San Diego State	1986
4x100M Relay	44.55		Cal State Northridge	2002
4x400M Relay	3:34.24	Hull, Franklin, Cheeks, Green	UNLV	1987
High Jump	6-4.75	Sharon Day	Cal Poly	2008
Long Jump	21-9.5	Shunta' Rose	UNLV	1992
Triple Jump	44-01.25	Cortney Stafford	Cal Poly	2005
Discus	204-1	Lacy Barnes	Fresno State	1988
Javelin	177-4.50	Joanne Davis	UC Santa Barbara	1984
Javelin*	170-11	Randi Hicks	Long Beach State	2010
Hammer	213-10.50	Amy Haapanen	UC Santa Barbara	2007
Shot Put	56-0.00	Stephanie Brown	Cal Poly	2003
Heptathlon	5,856	Sheila Tarr	UNLV	1984
Pole Vault	13-07.00	Paula Serrano	Cal Poly	1999

Big West Conference Championship Meet Records

Event	Record	Name	School	Year
100 Meters	11.36	Tamatha Jackson	Cal Poly	1999
200 Meters	23.23	Ladonna Antoine	Utah State	1997
400 Meters	51.48	Ladonna Antoine	Utah State	1997
800 Meters	2:03.05	Brenda Martinez	UC Riverside	2009
1500 Meters	4:16.40	Trena Hull	UNLV	1987
3000 Meters	9:29.42	Buffy Rabbitt	UC Irvine	1991
5000 Meters	16:38.19	Beth McGrann	UC Irvine	1989
10,000 Meters	34:50.29	Danielle Domenichelli	UC Santa Barbara	2010
3,000 Meter Steeplechase	10:23.36	Julianne Masciana	Cal State Fullerton	2009
100M Hurdles	13.11	Angela Whyte	Idaho	2003
400M Hurdles	57.69	LeBren Martin	Cal Poly	2003
4x100M Relay	44.66	Smith, Franklin	UNLV	1989
4x400M Relay	3:37.36	Jiles, Cheeks Hull, Franklin, Cheeks, Green	UNLV	1987
High Jump	6-4.75	Sharon Day	Cal Poly	2008
Long Jump	21-9.5	Shunta' Rose	UNLV	1992
Triple Jump	43-11.25	Billie Butler	UNLV	1992
Discus	204-1	Lacy Barnes	Fresno State	1988
Javelin	176-0	Joanne Davis	UC Santa Barbara	1984
Javelin*	162-04	Sammie Freeman	Cal State Northridge	2002
	162-04	Randi Hicks	Long Beach State	2010
Hammer	194-10.00	Amy Haapanen	UC Santa Barbara	2005
Shot Put	54-7.25	Stephanie Brown	Cal Poly	2003
Pole Vault	13-7.00	Paula Serrano	Cal Poly	1999
Heptathlon	5,642	Sharon Day	Cal Poly	2008

*new record due to change in javelin specifications as of 1999.