



2017 Big West Track & Field



Assistant Commissioner/Communications: Mike Villamor • mvillamor@bigwest.org
2 Corporate Park, Suite 206 • Irvine, CA 92606 • Phone: (949) 261-2525 x115 • (949) 261-2528

Release No. 8 - Wednesday, May 3, 2017

Multi-Events Kick Off Big West Championships: Cal State Fullerton hosts the multi-events portion of the 2017 Big West Track and Field Championships this week at the Titan Track Complex, as the heptathlon and decathlon events begin Friday.

The heptathlon starts at 1:00 p.m. with 17 entries representing seven different schools. The field includes defending Big West champion Riley Cooks of Long Beach State, who became the school's first winner since Ami Goldhammer in 2004. Cooks compiled 5,414 points on the strength of event victories in the 100-meter hurdles, 200-meters and javelin.

Friday's schedule begins with the 100m hurdles, followed by the high jump, shot put and 200 meters. The competition closes on Saturday, beginning at noon with the long jump, javelin and 800 meters. Cooks will face a tough road to repeating. UC Riverside sophomore Tayler Fleming and UC Santa Barbara teammates Hope Bender and Tori Usgaard finished second through fourth in last year's standings, respectively. All topped the 5,000 point mark.

Usgaard is the Big West's top performer in the heptathlon this season, posting 5,551 points at the CA Invitational Multi-Events on Apr. 12. Cooks is No. 2 on the list with a season-best 5,432 points at the UCR Spring Track Classic on Mar. 23. Bender (5,212) and Fleming (5,131) also had high-scoring competitions.

Usgaard's total is tied for No. 14 in the country, while Cooks is No. 20 on the national list.

Leading the field of 17 entries for the decathlon is Big West defending champion Tyler Nelson of UC Santa Barbara. The junior will be making his season debut in the event at the Big West meet. In 2016, he scored 7,220 points to nip Long Beach State's Herman Day, who had 7,198. Nelson trailed Day going into the final event, the 1,500 meters, but picked up a 44-point advantage thanks to a runner-up finish to take the dramatic win.

Other returners from last year's top 10 to battle Nelson and Day include Cal Poly senior Teddy Scranton, Kyle Clancy of UC Davis, and CSUN teammates Taylor Cudequest and Re'Quan Harley. However, the two current leaders in the Big West standings are also entered in this event – Long Beach State junior Cole Hicks and UC Santa Barbara junior Jeff Lam. Hicks tallied 6,826 points on Mar. 23 at the UCR Spring Track Classic, while Lam collected 6,616 at the Northridge Multi's on Mar. 16.

Impressive Results Continue To Take Place: The Big West top marks list changed with last week's competitions as eight men's and two women's events improved their top times and marks. UC Irvine senior Lloyd Sicard ran a lifetime-best 11.55 (3.3 wind) in the 110-meter hurdles at the Steve Scott Invitational to move up to No. 8 nationally. Long Beach State junior Vincent Calhoun cleared 7-02.50 in the high jump to win the Steve Scott Invitational, a mark that ties him No. 8 in the NCAA.

Big West Track & Field Championship Comes To Cal State Fullerton: Cal State Fullerton will host the Big West Track and Field Championships for the first time since 1999. The Titan Track Complex will be home to the multi-events portion of the meet (May 5-6) and the full portion (May 12-13). **The final day of the competition on Saturday, May 13 will be televised on FOX Sports Prime Ticket beginning at 2:00 p.m.**

Upcoming Schedule

2017 BIG WEST CHAMPIONSHIPS • FULLERTON, CA MULTI-EVENTS TITAN TRACK COMPLEX

Friday, May 5

Decathlon – 1:00 p.m.

100 Meters
Long Jump
Shot Put
High Jump
400 Meters

Heptathlon - 2:00 p.m.

100 Meter Hurdles
High Jump
Shot Put
200 Meters

Cal State Fullerton at OXY Invite (Eagle Rock, Calif.)
UC Santa Barbara at OXY Invite (Eagle Rock, Calif.)

Saturday, May 6

Decathlon - 11:00 a.m.

110 Meter Hurdles
Discus
Pole Vault
Javelin
1500 Meters

Heptathlon - 12:00 p.m.

Long Jump
Javelin
800 Meters

UC Davis at Sacramento State Open (Sacramento, Calif.)
UC Riverside at OXY Invite (Eagle Rock, Calif.)



BIG WEST LEADERBOARD • TRACK & FIELD RESULTS REPORTING SYSTEM

MEN'S TRACK

Event	Name, School	Time	Meet	Date
100m	Xavier Brown, CSUN	10.38	Texas Invitational	4/14
200m	Darion Zimmerman, CSF	21.12	Big West Challenge	4/7
400m	Isaiah Jewett, UCI	46.82	Mondo Challenge	4/1
800m	Isaiah Jewett, UCI	1:48.22	Steve Scott Invite	4/28
1500m	Garrett Migliozi, CP	3:48.79	Cal Poly-UCSB Dual	4/29
5000m	Swarnjit Boyal, CP	14:01.48	SF State Carnival	3/31
110H	Lloyd Sicard, UCI	13.55	Steve Scott Invite	4/28
400H	Brandon Howard, UCI	51.61	Steve Scott Invite	4/28
3000S	Adam Avila, UCSB	8:57.70	Cal Poly-UCSB Dual	4/28
4x100	Zimmerman/Espinoza/Rollins/Matos, CSF	40.49	Fresno State Invite	4/29
4x400	Sicard/Resong/Howard/Jewett, UCI	3:10.79	Steve Scott Invite	4/28

MEN'S FIELD

Event	Name, School	Mark	Meet	Date
High Jump	Vincent Calhoun, LBSU	7-02.50	Steve Scott Invite	4/28
Pole Vault	Xander Cooper, LBSU	17-04.50	Beach Invitational	4/14
Long Jump	Kemonie Briggs, LBSU	26-02.75	Beach-UCLA Dual	3/4
Triple Jump	Drew Xandrine-Anderson, UCD	51-07.75	Causeway Classic	4/21
Shot Put	Carl Nahigian, UCR	61-06.75	UCR Spring Classic	3/23
Discus	Josh Carr, LBSU	186-00	Beach-UCLA Dual	3/4
Hammer	Robert Marlow, LBSU	219-07	Trojan Invitational	3/17
Javelin	Matthew Kuskey, UCSB	216-04	Big West Challenge	4/7
Decathlon	Cole Hicks, LBSU	6,826	UCR Spring Classic	3/23

WOMEN'S TRACK

Event	Name, School	Time	Meet	Date
100m	Persis William-Mensah, UCI	11.41	Mt. SAC Relays	4/13
200m	Lexis Lambert, CSUN	23.27	Texas Invitational	4/14
400m	Lexis Lambert, CSUN	53.16	Fresno State Invite	4/29
800m	Rianna Goins, UCD	2:05.72	Mt. SAC Relays	4/13
1500m	Jenna Hinkle, UCSB	4:16.62	Stanford Invite	3/31
5000m	Peyton Bilo, CP	15:52.01	Stanford Invite	3/31
100H	Courtney Robinson, CSUN	13.13	Texas Invitational	4/14
400H	Emma Redick, UCD	1:00.24	UNLV Invite	3/16
3000S	Maxine Goyette, UCSB	10:27.27	Mt. SAC Relays	4/13
4x100	Robinson/Bamberg/Lambert/Veale, CSUN	44.65	Texas Invitational	4/14
4x400	Bamberg/Veale/Robinson/Lambert, CSUN	3:42.46	Texas Invitational	4/14
	Goins/Adolphus/Nadreau/Davis, UCD	3:42.46	Causeway Classic	4/21

WOMEN'S FIELD

Event	Name, School	Mark	Meet	Date
High Jump	Morgan Bertsch, UCD	5-10.00	Brutus Hamilton Challenge	4/28
Pole Vault	Gardenia Centenaro, CSUN	13-04.25	Rainbow Relays	3/24
Long Jump	Tayler Fleming, UCR	20-07.00	Highlander Challenge	4/22
Triple Jump	Ty Jalayah Robertson, CSF	40-09.00	Michael Johnson Invite	4/22
Shot Put	Brianna Cueva, CSUN	51-09.25	Triton Invite	4/21
Discus	Brianna Cueva, CSUN	184-00	Triton Invite	4/21
Hammer	Monique Griffiths, CSUN	209-03	Triton Invite	4/21
Javelin	Karen Bulger, UH	149-05	Rainbow Relays	3/24
Heptathlon	Tori Usgaard, UCSB	5,551	CA Invitational	4/12

2017 Big West Track & Field Athletes Of The Week

FOUR SCHOOLS REPRESENTED IN TRACK AND FIELD WEEKLY HONORS

CSUN, Long Beach State, UC Davis and UC Irvine each had a representative honored as a Big West Track and Field Athlete of the Week for their performances across three meets in the state of California.

UC Irvine sophomore **Isaiah Jewett** (Inglewood, Calif./Cathedral Catholic HS) posted a personal record time in the 800-meters to capture his fourth Big West Men's Track Athlete of the Week honor this season. He finished the race in 1:48.22 to cruise to victory in a loaded field of 59 athletes, including a couple of former Big West champions, one of which was UCI school-record holder and 2016 Olympian Charles Jock. Jock was the runner-up at 1:49.98. Jewett's career-best leads the Big West by over a second, while also ranking No. 11 in the West Region and No. 31 in the NCAA. His performance placed him third on the UCI all-time list behind only Jock and Steve Scott. Jewett has an unblemished record in the 800m this year with wins in all four races. Jewett also contributed to a UCI first-place finish in the 4x400 relay, taking the anchor leg and running a 46.0 split as the Anteater quartet posted a season-best and Big West-leading 3:10.79.

CSUN senior **Lexis Lambert** (Lake View Terrace, Calif./Taft HS) earned Big West Women's Track Athlete of the Week accolades after a pair of top two finishes at the Fresno State Invitational. She won the 400-meters in 53.16 against competition from the host Bulldogs, Cal State Fullerton, Nevada and UC Riverside. That time ranks No. 1 in the Big West by one and a half seconds and represents a career-best. It also ranks No. 18 in the West Region and tied for No. 34 nationally. Lambert also was a runner-up in the 200-meters, second only to teammate Marie Veale. Lambert clocked a wind-aided 23.50 as the Matadors finished 1-2 in the event.

Long Beach State junior **Vincent Calhoun** (La Habra, Calif./Cerritos College) enjoyed perhaps his finest day as a collegian in collecting Big West Men's Field Athlete of the Week honors. He racked up two first-place finishes and one runner-up showing at the Steve Scott Invitational, but most impressively he posted a national top-10 mark in the high jump. Calhoun cleared 7 feet, 2.5 inches (2.20m) to set a PR and obliterate his previous best by an inch and a half. The effort vaulted him to No. 4 on the LBSU all-time list, moving ahead of 1964 Olympic Bronze Medalist John Rambo. Calhoun's mark is the third-best in the West Region and No. 8 in the NCAA. He has cleared 7 feet outdoors four times in 2017, and he has won the high jump at seven meets this season. In addition, Calhoun won the triple jump with another lifetime-best, a mark of 49-03.50 (15.02m). That bettered his previous PR by more than a foot. Rounding out his successful meet, Calhoun placed second in the long jump in 23-09.50 (7.25m).

In just her third meet of the outdoor season, UC Davis junior **Morgan Bertsch** (Santa Rosa, Calif./Santa Rosa HS) established a school record in the high jump to earn recognition as the Big West Women's Field Athlete of the Week. Bertsch, who joined the team after the conclusion of the UC Davis basketball season, cleared 5 feet, 10 inches (1.78m) to win the high jump at the Cal-hosted Brutus Hamilton Challenge. She successfully negotiated that height on her second attempt, granting her the meet win over Sacramento State's Candice Dominguez. Bertsch took over the lead in the Big West rankings, and moved into a tie for 18th on the West Region list and into a tie for 35th nationally. The two-sport student-athlete is also known for her sparkling play on the basketball court, as she earned first-team All-Big West honors last season in addition to ranking among the league's top five in scoring, field goal percentage and blocked shots while helping the Aggies to the round of 16 in the WNIT.

Others nominated (Men's Track): Garrett Migliozi (Cal Poly); Mason Rollins (Cal State Fullerton); Kemonie Briggs (Long Beach State); Peter Manu (UC Riverside)

Others nominated (Women's Track): Daijah Joe-Smith (Cal Poly); Ashleigh Chambers (Long Beach State); Jazmen Bunch (UC Davis); Megan George (UC Irvine); Weslie Pearce (UC Riverside)

Others nominated (Men's Field): Arnie Sambel (Cal Poly); Dennis Hicks (CSUN); Steven Childs (UC Davis); Silviu Bocancea (UC Riverside)

Others nominated (Women's Field): Abi Iriaefen (Cal Poly); Naiah Boardingham (Cal State Fullerton); Brianna Cueva (CSUN); Bria Palmer (Long Beach State); Lily Lowe (Hawaii)

Big West Track & Field Athletes of the Week

<u>Track Athlete of the Week - Male</u>				<u>Track Athlete of the Week - Female</u>			
Date	Athlete, School	Yr.	Event(s)	Date	Athlete, School	Yr.	Event(s)
3/7	Sike Azu-Ironidi, UC Santa Barbara	Jr.	100m	3/7	Courtne' Davis, Long Beach State	So.	100m, 200m, 4x100 Relay
3/14	Isaiah Jewett, UC Irvine	So.	400m	3/14	Rianna Goins, UC Davis	Sr.	400m
3/21	Isaiah Jewett, UC Irvine	So.	800m, 4x400 Relay	3/21	Kierra Davis, UC Davis	Fr.	100m, 200m
3/28	Lloyd Sicard, UC Irvine	Sr.	110mH, 4x400 Relay	3/28	Jenna Hinkle, UC Santa Barbara	Jr.	800m, 1500m
	Diego Courbis, Cal State Fullerton	So.	400mH	4/4	Jenna Hinkle, UC Santa Barbara	Jr.	1500m
4/4	Darion Zimmerman, Cal State Fullerton	Sr.	100m, 200m, 4x400 Relay	4/11	Riley Cooks, Long Beach State	Sr.	100mH, 4x100 & 4x400 Relay
4/11	Kemonie Briggs, Long Beach State	So.	200m, 400m, 4x100 & 4x400 Relay	4/18	Courtney Robinson, CSUN	Jr.	110mH, 100m, 4x100 & 4x400 Relay
4/18	Isaiah Jewett, UC Irvine	So.	800m	4/25	Natsumi McGee, UC Davis	So.	100m, 200m, 4x100 Relay
4/25	Zach Lewis, UC Riverside	Sr.	400mH	5/2	Lexis Lambert, CSUN	Sr.	200m, 400m
5/2	Isaiah Jewett, UC Irvine	So.	800m, 4x400 Relay				
<u>Field Athlete of the Week - Male</u>				<u>Field Athlete of the Week - Female</u>			
Date	Athlete, School	Yr.	Event(s)	Date	Athlete, School	Yr.	Event(s)
3/7	Kemonie Briggs, Long Beach State	So.	LJ, 200m, 4x100 & 4x400 Relay	3/7	Barbara Coward, UC Irvine	So.	Discus, Hammer
3/14	Trevor Gorwin, Cal State Fullerton	Jr.	Hammer, Shot Put	3/14	De'Ondra Young, Long Beach State	Jr.	Hammer
3/21	Robert Marlow, Long Beach State	Sr.	Hammer, Shot Put, Discus		Barbara Coward, UC Irvine	So.	Discus, Hammer
3/28	Carl Nahigian, UC Riverside	Sr.	Shot Put, Hammer	3/21	Taylor Fleming, UC Riverside	So.	Long Jump, 100mH
4/4	Carl Nahigian, UC Riverside	Sr.	Shot Put	3/28	Riley Cooks, Long Beach State	Sr.	Heptathlon
4/11	Anthony Applequist, Cal State Fullerton	Jr.	Triple Jump, Long Jump	4/4	Bryn Williamson, Cal State Fullerton	Jr.	Pole Vault
4/18	Xander Cooper, Long Beach State	Sr.	Pole Vault	4/11	De'Ondra Young, Long Beach State	Jr.	Hammer, Shot Put
4/25	Drew Xandrine-Anderson, UC Davis	So.	Triple Jump, Long Jump	4/18	Tori Usgaard, UC Santa Barbara	Sr.	Heptathlon
5/2	Vincent Calhoun, Long Beach State	Jr.	High Jump, Triple Jump, Long Jump	4/25	Taylor Fleming, UC Riverside	So.	Long Jump, High Jump
				5/2	Morgan Bertsch, UC Davis	Jr.	High Jump