



2015 Big West Track & Field



Assistant Commissioner/External Affairs: Mike Villamor • mvillamor@bigwest.org
2 Corporate Park, Suite 206 • Irvine, CA 92606 • Phone: (949) 261-2525 • (949) 261-2528

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Cal State Fullerton Hosts 23rd Annual Big West Challenge: Cal State Fullerton hosts the 23rd annual Big West Challenge on Friday to highlight track and field action in the conference this week. The Titans welcome in fellow Big West competitors Long Beach State, UC Irvine and UC Santa Barbara to the Titan Track Complex for the one-day meet. The event, which rotates on a yearly basis, was held at UC Irvine's Anteater Stadium in 2014. Long Beach State won the men's portion of that meet with 194.50 points, followed by UC Santa Barbara with 186.50, Cal State Fullerton with 139 and UC Irvine with 89. On the women's side, LBSU took the team competition with 194 points, while CSF was second with 170, UCSB third with 160 and UCI fourth with 143 points.

It is the final home meet of 2015 for the Titans, which will send senior Steven Williams into the high jump as he seeks his third consecutive victory in the event. He posted the top jump in the Big West this season when he cleared 6-11 at the UCLA Legends Invite on Apr. 4. CSF's 4x100 women's relay team also looks to improve upon its meet record of 45.72 set last year.

UC Davis, UC Riverside Travel To Sun Angel Classic: The UC Davis and UC Riverside track and field teams travel to Arizona State for the 36th Sun Angel Classic at Sun Angel Stadium. Both clubs will compete alongside other Division I programs such as Boise State, BYU, DePaul, Illinois State, Iowa State, Kansas State, Manhattan, Northern Arizona, San Jose State, Texas A&M, UTEP and Washington State. The Aggies will send 18 women and 24 men to represent them at the meet, which will feature open sections for most competitors as well as premier sections for elite athletes. Junior Raquel Lambdin, a double winner in the 800- and 1,500-meter races at the UCLA Legends Invite last week, will race in the premiere sections of those events on Saturday. A handful of Highlanders will compete in premiere sections, including Danielle Littleton in the long jump, Breana Jemison in the shot put, Deja Watkins in the discus, and Amber Wright in the 400-meters.

CSUN, Hawai'i Also In Action: CSUN is heading out of state this week to compete at the Texas Invitational, while Hawai'i stays home to entertain Charleston Southern in the Rainbow Relays.

Long Beach State Men Ranked Third In West Region: One of the top teams in the West Region belongs to Long Beach State, according to the latest regional rankings released by the U.S. Track & Field and Cross Country Coaches Association. The 49er men are ranked No. 3 in the West Region with 553.66 points, less than a point behind No. 2 UCLA (554.37). USC is the top ranked men's team in the West Region with 583 points. UC Santa Barbara (No. 12), Cal Poly (No. 13) and UC Riverside (No. 15) are burrowed in among the top 15 as well.

UC Riverside Women Top Ranked Big West Team In West Region: The most recent USTFCCA rankings pegged UC Riverside as the Big West's highest ranked women's squad in the West Region. The Highlanders come in at No. 6, trailing Pac-12 programs USC, Washington, UCLA, Washington State and Stanford. CSUN is the next highest ranked Big West squad at No. 12, followed by UC Davis at No. 13 and Cal State Fullerton at No. 15. Strong performances have been put forth by sophomore Faith Makau, who owns the sixth-fastest time nationally in the 800-meters (2:05.93), and Raquel Hefflin, who is 15th nationally in the same event with a top time of 2:07.51.

Big West Track & Field Championship Heads To Riverside: UC Riverside will host the Big West Track and Field Championships for the first time in school history. The UCR Track Stadium will be home to the multi-events portion of the meet (May 8-9) and the full portion (May 15-16).

Upcoming Schedule

Friday, April 10

Cal State Fullerton at Big West Challenge (Fullerton, Calif.)
Long Beach State at Big West Challenge (Fullerton, Calif.)
UC Davis at Arizona State Sun Angel Classic (Tempe, Ariz.)
UC Irvine at Big West Challenge (Fullerton, Calif.)
UC Riverside at Arizona State Sun Angel Classic (Tempe, Ariz.)
UC Santa Barbara at Big West Challenge (Fullerton, Calif.)
Hawai'i at Rainbow Relays vs. Charleston Southern (Honolulu, Hawai'i)

Saturday, April 11

CSUN at Texas Invitational (Austin, Texas)
UC Davis at Arizona State Sun Devil Classic (Tempe, Ariz.)
UC Riverside at Arizona State Sun Angel Classic (Tempe, Ariz.)
Hawai'i at Rainbow Relays vs. Charleston Southern (Honolulu, Hawai'i)

Wednesday, April 15

Cal State Fullerton at California Invite Combined Events (Azusa, Calif.)
UC Santa Barbara at California Invite Combined Events (Azusa, Calif.)
Hawai'i at California Invite Combined Events (Azusa, Calif.)

Thursday, April 16

Cal Poly at Mt. SAC Relays (Walnut, Calif.)
Cal State Fullerton at California Invite Combined Events (Azusa, Calif.)
Cal State Fullerton at Mt. SAC Relays (Walnut, Calif.)
CSUN at Mt. SAC Relays (Walnut, Calif.)
CSUN at Cal State Los Angeles Twilight Open (Los Angeles, Calif.)
Long Beach State at Mt. SAC Relays (Walnut, Calif.)
UC Davis at Mt. SAC Relays (Walnut, Calif.)
UC Irvine at Mt. SAC Relays (Walnut, Calif.)
UC Riverside at Mt. SAC Relays (Walnut, Calif.)
UC Santa Barbara at Mt. SAC Relays (Walnut, Calif.)
Hawai'i at California Invite Combined Events (Azusa, Calif.)
Hawai'i at Mt. SAC Relays (Walnut, Calif.)
Hawai'i at Cal State Los Angeles Twilight Open (Los Angeles, Calif.)

2015 Big West Track & Field Athletes Of The Week

UPPERCLASSMEN TAKE HOME TRACK AND FIELD WEEKLY HONORS

Two seniors and two juniors put forth the Big West's top performances to earn this week's track and field awards.

UC Riverside senior **Seth Totten** nearly broke the school record for fastest time in the 5,000-meters as he collected Big West Men's Track Athlete of the Week accolades. At the Stanford Invitational, Totten traversed the distance in 13:51.20, coming up just short of All-American Steve Alvarez (13:49.00 in 1981). The mark puts Totten at No. 2 on the program's Top-10 Performers list, and ranks him No. 9 nationally, and first in the Big West by nearly 20 seconds. In a loaded field at Stanford, Totten finished third in Section 3 and ninth among collegians with his effort.

UC Davis junior **Erika Barr** (Simi Valley, Calif./Simi Valley HS) registered a pair of top two finishes in distance events to grab Big West Women's Track Athlete of the Week honors. She finished atop the podium in the 3,000-meter steeplechase at the UCLA Legends Invitational. Barr, in her first ever collegiate steeplechase race, won the event in 10:27.33. The time ranks No. 1 in the Big West, No. 8 in the West Region and No. 26 nationally. She won the race handily, beating out her closest competitor by 38 seconds. The debut performance already vaults Barr up to No. 3 on the Aggie career leaders list for steeple. In the 1,500-meters, Barr claimed second place with a personal-best time of 4:25.63. She ranks No. 4 in the Big West, No. 32 in the West Region and 56th nationally in that event, while settling in at ninth on the Aggies' career leaders list.

Competing at the prestigious Stanford Invitational, UC Santa Barbara senior **Thomas Gore-Schreck** (Portola Valley, Calif./St. Francis HS) stepped up to the challenge as the Big West Men's Field Athlete of the Week. He launched the javelin a personal-best distance of 221-07 to finish sixth overall in the invitational section of the event. Gore-Schreck's performance ranks third all-time at UCSB, and improves upon his Big West leading mark from earlier this season. His mark leads the conference by nearly 22 feet. Gore-Schreck also ranks No. 14 in the West Region with that distance.

Junior **Jessica Emde** (El Dorado Hills, Calif./Oak Ridge HS) gives UC Santa Barbara a sweep of the field awards as the Big West Women's Athlete of the Week. She turned in a fourth place finish in the invitational section of the high jump at the Stanford Invitational. Her leap of 5-09.75 made her the top collegiate jumper in the meet as she finished behind a trio of post-collegiate performers. Emde's effort placed her at No. 5 in the Gaucho record book, while moving her to No. 14 in the NCAA West Region.

Others nominated (Men's Track): Nick Woolf (Cal Poly); Chris Low (Long Beach State); Bryan Guijarro (UC Santa Barbara)

Others nominated (Women's Track): Ashley Windsor (Cal Poly); Kaulyn Lee-McNeill (UC Irvine); Faith Makau (UC Riverside); Jessica Johnson (UC Santa Barbara)

Others nominated (Men's Field): Ted Scranton (Cal Poly); Steven Williams (Cal State Fullerton); Jake Fraser (Long Beach State)

Others nominated (Women's Field): Kiely Osby (Cal Poly); Melanie Samvalian (Long Beach State); Ariel Maroon (UC Davis)

Big West Track & Field Athletes of the Week

Track Athlete of the Week - Male

Date	Athlete, School	Yr.	Event(s)
3/10	Cameron Glasgow, Long Beach State	Sr.	200m, 4x100 & 4x400 relay
3/17	Alex Grigoriev, UC Davis	So.	800m
3/24	Lloyd Sicard, UC Irvine	So.	110m & 400m hurdles
3/31	Michael Perez-Rogers, Long Beach State	Jr.	400m, 4x100m relay
4/7	Seth Totten, UC Riverside	Sr.	5,000m
4/14			
4/21			
4/28			
5/5			

Field Athlete of the Week - Male

Date	Athlete, School	Yr.	Event(s)
3/10	Thomas Gore-Schreck, UC Santa Barbara	Sr.	Javelin
3/17	Jake Fraser, Long Beach State	Sr.	Shot Put, Discus
3/24	Ryan Sanders, Long Beach State	Sr.	Triple Jump
3/31	Albert Hughes, UC Santa Barbara	Sr.	Hammer
4/7	Thomas Gore-Schreck, UC Santa Barbara	Sr.	Javelin
4/14			
4/21			
4/28			
5/5			

Track Athlete of the Week - Female

Date	Athlete, School	Yr.	Event(s)
3/10	Janaya Shorty, Cal State Fullerton	So.	100m, 200m, 4x100 relay
3/17	Raquel Hefflin, UC Riverside	Sr.	1,500m
3/24	Raquel Hefflin, UC Riverside	Sr.	800m, 1,500m
3/31	Faith Makau, UC Riverside	So.	800m
4/7	Erika Barr, UC Davis	Jr.	1,500m, 3,000m steeplechase
4/14			
4/21			
4/28			
5/5			

Field Athlete of the Week - Female

Date	Athlete, School	Yr.	Event(s)
3/10	Breana Jemison, UC Riverside	So.	Shot Put, Discus
3/17	Danielle Littleton, UC Riverside	Sr.	Long Jump, 100m Hurdles
3/24	Jessica Flores, Cal State Fullerton	Jr.	Hammer
3/31	Danielle Littleton, UC Riverside	Sr.	Heptathlon
4/7	Jessica Emde, UC Santa Barbara	Jr.	High Jump
4/14			
4/21			
4/28			
5/5			