



2014 Big West Track & Field



Information Contact: Mike Villamor • mvillamor@bigwest.org

2 Corporate Park, Suite 206 • Irvine, CA 92606 • Phone: (949) 261-2525 • (949) 261-2528

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Busy Week Ahead In Track And Field: All Big West track and field squads are in action this week at various meets around the southern California area. Representatives from each school are participating in the Mt. SAC Relays with others slated for meets such as the California Invitational Decathlon and Heptathlon, the Bryan Clay Invitational and the Long Beach State-hosted Beach Invitational. The 20th annual Beach Invitational will be hosted at Cerritos College in Norwalk, Calif.

Long Beach State Sweeps Big West Challenge Cup: The Long Beach State track and field team won both the men's and women's Big West Challenge Cup titles at Anteater Stadium last weekend. The 22nd annual four-team meet also featured Cal State Fullerton, UC Santa Barbara and host UC Irvine. The Long Beach State men collected 194.5 points to win the meet for the seventh straight year, while the women gathered 194 points.

LBSU posted individual victories in 13 different events. Senior Adam Bianchessi, who returned from elbow surgery 11 months ago, competed in his first meet of the year and won the javelin competition with a throw of 199-11. Sophomore Michael Perez-Rogers set two meet records. His 46.77 time in the 400 meters tied the meet record set by former 49er and three-time NCAA 200m All-American Brent Gray (2008). Perez-Rogers also ran a leg on the 4x400 relay team, which finished first in 3:10.75 and erased the previous meet record of 3:11.29 set by UC Santa Barbara in 2012. On the women's side, senior Jasmyne Davis claimed victories in the long jump (18-03.75) and triple jump (37-10.00), and junior Kayla Goosby moved onto the school's all-time top-10 list with a winning time of 24.35 in the 200 meters.

The meet featured a number of other strong performances. The Cal State Fullerton women's 4x100-meter relay quartet of Ashley Sims, Alexandria Stewart, Katie Wilson, and Destinee Brown recorded a meet record time of 45.72. Senior Jasmyne Davis was a double winner for the Titans in the long jump and triple jump. UC Santa Barbara junior Shyan Vaziri won his fourth straight race in the 800 meters, posting a personal-best 1:50.08. UC Irvine junior Itos Aikhionbare won two events for the fourth time this season as she captured first in the shot put (50-5.25) and the discus throw (160-11).

Bennett Records PR In Decathlon: Cal Poly junior Devin Bennett finished second in the decathlon with a personal-best score of 7,069 points at the Sacramento State Mid-Major Challenge Multi's. The mark ranked No. 5 in school history, and is currently 11th-best in the West Region and No. 17 in the country.

UC Riverside Jumpers And Throwers Excel: UC Riverside had a solid showing at the 35th annual Sun Angel Track Classic hosted by Arizona State with the jumpers and throwers making the most noise. Senior Ted Hooper won the "Premiere" long jump competition as he cleared 24-3.50, while freshman Jacquelyn DuBois had a personal-best leap of 39-11.25 to move into the No. 3 spot on the school's Top Performers List. Senior Caleb Stuart racked up a victory in the "Premiere" division of the hammer throw with a toss of 215-02.

Recapping The 2012 Big West Championships: The UC Davis women and UC Santa Barbara men captured the first team titles in their program histories to highlight action at the 2012 Big West Track and Field Championships. The Aggies won by just one-half point over runner-up UC Santa Barbara – 170-169.50 – helped by first place finishes in the 100m and 200m by Melanise Chapman. Sarah Sumpter also helped UCD with her second meet record at the championships, running a 16:35.07 in the 5,000 meters and erasing the old mark of 16:38.19 held by Beth McGrann in 1989.

UC Santa Barbara outdistanced runner-up Long Beach State by 29 points to capture the men's title. The marquee event involved the Gauchos as Ryan Martin lined up against rival Charles Jock of UC Irvine in the 800 meters. Jock won by a narrow two one-hundredths of a second at the finish line in a memorable race by two of the top runners in the country.

Big West Track & Field Championship Heads To Davis: UC Davis will host the 2014 Big West Track and Field Championships with the multi-events on May 9-10 and will continue with the bulk of the events on May 16-17.

Recapping The 2013 Big West Championships: The Long Beach State men and the UC Davis women captured the 2013 Big West Track and Field titles on the final day of competition at Cal State Northridge's Matador Track and Field Complex. UC Davis pulled away from UC Santa Barbara for its second consecutive team title after dominating performances from the Aggie sprinters and distance runners to score 172.50 points. The Aggies claimed victories in the steeplechase, 10,000 meters, 1,500 meters, 100 meter hurdles, 100 meter dash, 200 meter dash, 800 meters and 4x400 meter relay.

On the men's side of things, the 49ers claimed their seventh team title and third in the last six years. LBSU's seven titles ties with former member Utah State for the third-most in Big West history. Led by the throwers, 82.5 of the team's 176.5 points originated with the field contingent to help bolster the 49ers over UC Santa Barbara, which finished with 152 points. Cal Poly came in third with a 146-point total.

Upcoming Schedule

Wednesday, April 16

Cal State Fullerton at CA Invitational Multis (Azusa, Calif.)
Long Beach State at CA Invitational Multis (Azusa, Calif.)
Hawaii at CA Invitational Multis (Azusa, Calif.)

Thursday, April 17

Cal Poly at Mt. SAC Relays (Walnut, Calif.)
Cal Poly at Beach Invitational (Norwalk, Calif.)
Cal Poly at Bryan Clay Invitational (Azusa, Calif.)
Cal State Fullerton at CA Invitational Multis (Azusa, Calif.)
Cal State Fullerton at Mt. SAC Relays (Walnut, Calif.)
Cal State Northridge at Mt. SAC Relays (Walnut, Calif.)
Long Beach State at CA Invitational Multis (Azusa, Calif.)
Long Beach State at Mt. SAC Relays (Walnut, Calif.)
UC Davis at Mt. SAC Relays (Walnut, Calif.)
UC Irvine at Mt. SAC Relays (Walnut, Calif.)
UC Irvine at Beach Invitational (Norwalk, Calif.)
UC Riverside at Mt. SAC Relays (Walnut, Calif.)
UC Santa Barbara at Mt. SAC Relays (Walnut, Calif.)
Hawaii at CA Invitational Multis (Azusa, Calif.)
Hawaii at Mt. SAC Relays (Walnut, Calif.)
Hawaii at Cal State Los Angeles Twilight Meet (Los Angeles, Calif.)

Friday, April 18

Cal Poly at Mt. SAC Relays (Walnut, Calif.)
Cal Poly at Beach Invitational (Norwalk, Calif.)
Cal Poly at Bryan Clay Invitational (Azusa, Calif.)
Cal State Fullerton at Mt. SAC Relays (Walnut, Calif.)
Cal State Fullerton at Bryan Clay Invitational (Azusa, Calif.)
Cal State Northridge at Mt. SAC Relays (Walnut, Calif.)
Long Beach State at Beach Invitational (Norwalk, Calif.)
Long Beach State at Mt. SAC Relays (Walnut, Calif.)
UC Davis at Mt. SAC Relays (Walnut, Calif.)
UC Irvine at Mt. SAC Relays (Walnut, Calif.)
UC Irvine at Beach Invitational (Norwalk, Calif.)
UC Riverside at Mt. SAC Relays (Walnut, Calif.)
UC Riverside at Beach Invitational (Norwalk, Calif.)
UC Santa Barbara at Bryan Clay Invitational (Azusa, Calif.)
Hawaii at Bryan Clay Invitational (Azusa, Calif.)
Hawaii at Mt. SAC Relays (Walnut, Calif.)

Saturday, April 19

Cal Poly at Mt. SAC Relays (Walnut, Calif.)
Cal Poly at Beach Invitational (Norwalk, Calif.)
Cal Poly at Bryan Clay Invitational (Azusa, Calif.)
Cal State Fullerton at Mt. SAC Relays (Walnut, Calif.)
Cal State Northridge at Mt. SAC Relays (Walnut, Calif.)
Long Beach State at Beach Invitational (Norwalk, Calif.)
UC Davis at Mt. SAC Relays (Walnut, Calif.)
UC Irvine at Beach Invitational (Norwalk, Calif.)
UC Riverside at Mt. SAC Relays (Walnut, Calif.)
UC Riverside at Beach Invitational (Norwalk, Calif.)
UC Riverside at Bryan Clay Invitational (Azusa, Calif.)
Hawaii at Beach Invitational (Norwalk, Calif.)
Hawaii at Mt. SAC Relays (Walnut, Calif.)

2014 Big West Track & Field Athletes Of The Week

THREE AGGIES, ONE HIGHLANDER GARNER TRACK AND FIELD WEEKLY HONORS

A trio of UC Davis competitors joined a UC Riverside thrower as the recipients of the Big West Track and Field Athlete of the Week awards.

UC Davis senior Nathan Strum (San Jose, Calif./Pioneer HS) received Big West Men's Track Athlete of the Week recognition as he finished first in the "Premiere" section of the mile at the Arizona State-hosted Sun Angel Classic. Strum ran the mile in 4:01.39. His time converts to 3:43.51 (per TFRRS) for the 1,500. The 1,500 conversion ranks (per TFRRS) No. 1 in the Big West, No. 6 in the West Region and No. 12 nationally. The converted mark also moves him up one spot to No. 3 in the Aggie career record book for the 1,500.

Aggie senior Kellie Grigg (Alameda, Calif./Alameda HS) competed in a pair of events at the Sun Angel Classic and came away with the Big West Women's Track Athlete of the Week award. Grigg came in sixth place in the "Premiere" section of the 400 hurdles with a time of 59.70. The mark ranks No. 2 in the Big West (per TFRRS), No. 20 in the West Region and No. 45 in the nation. She also finished 11th in 14.79 seconds in the 100 hurdles.

UC Riverside senior thrower Caleb Stuart (Riverside, Calif./Riverside Poly HS) posted a pair of top-two finishes at the Sun Angel Track Classic for Big West Men's Field Athlete of the Week honors. Stuart won the "Premiere" section in the hammer throw with a heave of 215-02 (65.59m) and placed second in the shot put at 54-11.25 (16.74m). He hit his mark in the hammer on his first attempt. Stuart is the Big West leader in the hammer by more than 20 feet, and ranks fourth in the shot put.

Sophomore Praise Adesida (Martinez, Calif./Alhambra HS) gave UC Davis a third honoree as the Big West Women's Field Athlete of the Week. Adesida's 49-06.25 (15.09m) throw in the shot put won her the event at the Mondo Mid-Major Challenge hosted by Sacramento State. That toss places her (per TFRRS) No. 2 in the Big West and No. 30 in the West Region while improving her standing to No. 2 on the Aggie career list. She also placed sixth in the discus with a throw of 138-07 (42.24m).

Others nominated (Men's Track): Luis Matos (Cal State Fullerton); Michael Perez-Rogers (Long Beach State); Michael Koger (UC Riverside); Shyan Vaziri (UC Santa Barbara)

Others nominated (Women's Track): Deena Pierce (Cal State Fullerton); Kayla Goosby (Long Beach State); Tori Tsois (UC Santa Barbara)

Others nominated (Men's Field): Devin Bennett (Cal Poly); Malik Johnson (Cal State Fullerton); Adam Bianchessi (Long Beach State); Brandon Greenberg (UC Davis); Albert Hughes (UC Santa Barbara)

Others nominated (Women's Field): Jasmyne Davis (Cal State Fullerton); Kayla Kamaka (Long Beach State); Jacquelyn DuBois (UC Riverside); Jessica Emde (UC Santa Barbara)

Big West Track & Field Athletes of the Week

Track Athlete of the Week - Male

Date	Athlete, School	Yr.	Event(s)
3/11	Shyan Vaziri, UC Santa Barbara	Jr.	800m, 1500m
3/18	Chris Frias, Cal Poly	Sr.	3000m
3/25	Daniel York-Mouton, Cal State Fullerton	Fr.	200m, 400m, 4x100 & 4x400 relay
4/1	Shyan Vaziri, UC Santa Barbara	Jr.	1500m
4/8	Chris Frias, Cal Poly	Sr.	10000m
4/15	Nathan Strum, UC Davis	Sr.	Mile
4/22			
4/29			
5/6			

Field Athlete of the Week - Male

Date	Athlete, School	Yr.	Event(s)
3/11	Jason Harrell, Long Beach State	Sr.	Discus
3/18	Caleb Stuart, UC Riverside	Sr.	Hammer
3/25	Caleb Stuart, UC Riverside	Sr.	Hammer, Shot Put
4/1	Ted Hooper, UC Riverside	Sr.	Long Jump
4/8	Jake Fraser, Long Beach State	Jr.	Shot Put, Discus
4/15	Caleb Stuart, UC Riverside	Sr.	Hammer, Shot Put
4/22			
4/29			
5/6			

Track Athlete of the Week - Female

Date	Athlete, School	Yr.	Event(s)
3/11	Ashley Marshall, UC Davis	Jr.	100m, 200m 4x400 relay
3/18	Ashley Marshall, UC Davis	Jr.	100m, 200m, 4x400 relay
3/25	Jasmine Askew, Long Beach State	Jr.	400m, 4x100 relay, 4x400 relay
4/1	Ashley Marshall, UC Davis	Jr.	100m, 200m, 4x100 relay
4/8	Diana George, Cal Poly	Sr.	Steeplechase
4/15	Kellie Grigg, UC Davis	Sr.	100 Hurdles, 400 Hurdles
4/22			
4/29			
5/6			

Field Athlete of the Week - Female

Date	Athlete, School	Yr.	Event(s)
3/11	Itos Aikhionbare, UC Irvine	Jr.	Discus, Shot Put
3/18	Kayla Kamaka, Long Beach State	Sr.	Pole Vault
3/25	Tiffany Forbito, Long Beach State	Jr.	Javelin
4/1	Phoenisha Schuhmeier, UC Riverside	So.	Long Jump
4/8	Tiffany Forbito, Long Beach State	Jr.	Javelin
4/15	Praise Adesida, UC Davis	So.	Shot Put, Discus
4/22			
4/29			
5/6			