

Year-By-Year Team Results

1983 Team Scores

Host: UC Santa Barbara

1.	UC Irvine	18
2.	UC Santa Barbara	40
3.	UNLV	78

1984 Team Scores

Host: UC Santa Barbara

1.	UC Irvine	15
2.	UC Santa Barbara	56
3.	Hawaii	84
4.	UNLV	—

1985 Team Scores

Host: UNLV

1.	UC Irvine	25
2.	San Diego State	48
3.	UC Santa Barbara	79
4.	Cal State Fullerton	83
5.	Hawaii	118

1986 Team Scores

Host: Fresno State

1.	UC Irvine	18
2.	Fresno State	50
3.	San Diego State	82
4.	Cal State Fullerton	90
5.	UC Santa Barbara	146
6.	UNLV	177
7.	Long Beach State	205
8.	Hawaii	208
9.	Pacific	278

1987 Team Scores

Host: UC Irvine

1.	UC Irvine	20
2.	San Diego State	79
3.	Fresno State	91
4.	UNLV	92
5.	UC Santa Barbara	101
6.	Cal State Fullerton	105
7.	Long Beach State	126
8.	Hawaii	200
9.	Pacific	250

1988 Team Scores

Host: UC Santa Barbara

1.	Fresno State	29
2.	UC Irvine	38
3.	San Diego State	92
4.	Long Beach State	125
5.	UC Santa Barbara	130
6.	Cal State Fullerton	164
7.	Hawaii	174
8.	UNLV	177
9.	Pacific	280

1989 Team Scores

Host: San Diego State

1.	UC Irvine	23
2.	Long Beach State	106
3.	Cal State Fullerton	109
4.	Hawaii	113
5.	San Diego State	116
6.	Fresno State	117
7.	UC Santa Barbara	121
8.	UNLV	192
9.	Pacific	230

1990 Team Scores

Host: Fresno State

1.	UC Irvine	16
2.	Fresno State	54
3.	Cal State Fullerton	119
4.	Long Beach State	127
5.	UC Santa Barbara	134
6.	New Mexico State	135
7.	Hawaii	145
8.	Utah State	227
9.	UNLV	268
10.	Pacific	287

1991 Team Scores

Host: New Mexico State

1.	UC Irvine	41
2.	Fresno State	59
3.	Cal State Fullerton	82
4.	UC Santa Barbara	107
5.	Long Beach State	116
6.	Hawaii	120
7.	New Mexico State	201
8.	Utah State	222
9.	UNLV	230
10.	Pacific	308

1992 Team Scores

Host: Hawaii

1.	UC Irvine	48
2.	UC Santa Barbara	73
3.	Cal State Fullerton	87
4.	Nevada	108
5.	Hawaii	123
6.	Long Beach State	134
7.	Utah State	142
8.	UNLV	201
9.	New Mexico State	207
10.	Pacific	313

1993 Team Scores

Host: Cal State Fullerton

1.	UC Santa Barbara	43
2.	Hawaii	81
3.	UC Irvine	81
4.	Long Beach State	86
5.	Utah State	120
6.	UNLV	153
7.	Cal State Fullerton	176
8.	New Mexico State	190
9.	Nevada	205
10.	Pacific	314

1994 Team Scores

Host: Utah State

1.	UC Santa Barbara	55
2.	UC Irvine	62
3.	Utah State	79
4.	Cal State Fullerton	110
5.	UNLV	136
6.	Hawaii	159
7.	Long Beach State	160
8.	Nevada	173
9.	New Mexico State	221
10.	San Jose State	319
11.	Pacific	342

1995 Team Scores

Host: UC Irvine

1.	UC Irvine	38
2.	UC Santa Barbara	48
3.	Hawaii	116
4.	Utah State	120
5.	Nevada	147
6.	Cal State Fullerton	152
7.	UNLV	166
8.	Long Beach State	182
9.	New Mexico State	221
10.	San Jose State	256
11.	Pacific	346

1996 Team Scores

Host: Boise State

1.	UC Santa Barbara	57
2.	Boise State	87
3.	Utah State	94
4.	UC Irvine	99
5.	Cal Poly	109
6.	Cal State Fullerton	158
7.	Idaho	164
8.	Nevada	167
9.	North Texas	230
10.	Long Beach State	268
11.	New Mexico State	278
12.	Pacific	375

1997 Team Scores

Host: Boise State

1.	Boise State	25
2.	Utah State	53
3.	Cal Poly	90
4.	UC Irvine	109
5.	Nevada	159
6.	Idaho	169
7.	UC Santa Barbara	178
8.	Long Beach State	182
9.	Cal State Fullerton	192
10.	North Texas	245
11.	New Mexico State	260
12.	Pacific	378

1998 Team Scores

Host: North Texas

1.	Utah State	52
2.	UC Irvine	80
3.	Idaho	90
4.	Boise State	112
5.	Cal Poly	136
6.	UC Santa Barbara	156
7.	Cal State Fullerton	178
8.	Nevada	202
9.	New Mexico State	210
10.	Long Beach State	214
11.	North Texas	250
12.	Pacific	370

1999 Team Scores

Host: Pacific

1.	UC Irvine	71
2.	Idaho	75
3.	Cal Poly	88
4.	Boise State	100
5.	Utah State	101
6.	Nevada	111
7.	UC Santa Barbara	156
8.	New Mexico State	218
9.	Long Beach State	254
10.	Cal State Fullerton	280
11.	North Texas	291
12.	Pacific	335

Year-By-Year Team Results

2000 Team Scores

Host: UC Santa Barbara

1.	Cal Poly	42
2.	UC Irvine	52
3.	Idaho	78
4.	Utah State	79
5.	UC Santa Barbara	120
6.	Boise State	155
7.	Long Beach State	185
8.	Cal State Fullerton	220
9.	Pacific	281

2001 Team Scores

Host: Cal Poly

1.	Cal Poly	37
2.	UC Irvine	65
3.	UC Santa Barbara	89
4.	Utah State	94
5.	Cal State Northridge	97
6.	Long Beach State	170
7.	Cal State Fullerton	179
8.	Idaho	231
9.	UC Riverside	248

2002 Team Scores

Host: UC Riverside

1.	Idaho	48
2.	UC Santa Barbara	55
3.	UC Irvine	72
4.	Utah State	74
5.	Cal State Northridge	168
6.	Cal Poly	169
7.	Cal State Fullerton	183
8.	Long Beach State	198
9.	UC Riverside	263
10.	Pacific	311

2003 Team Scores

Host: Cal Poly

1.	UC Santa Barbara	27
2.	Utah State	65
3.	Idaho	94
4.	UC Irvine	103
5.	Cal Poly	109
6.	Long Beach State	132
7.	Cal State Northridge	188
8.	Cal State Fullerton	225
9.	UC Riverside	273
10.	Pacific	314

2004 Team Scores

Host: UC Riverside

1.	UC Santa Barbara	29
2.	Idaho	47
3.	Utah State	66
4.	Cal Poly	99
5.	UC Irvine	133
6.	Long Beach State	187
7.	Cal State Fullerton	197
8.	Cal State Northridge	246
9.	UC Riverside	252
10.	Pacific	309

2005 Team Scores

Host: UC Riverside

1.	UC Irvine	29
2.	UC Santa Barbara	66
3.	Long Beach State	75
4.	Cal State Fullerton	110
5.	UC Riverside	130
6.	Cal Poly	135
7.	Cal State Northridge	164
8.	Pacific	246

2006 Team Scores

Host: Cal Poly

1.	UC Santa Barbara	26
2.	Long Beach State	72
3.	UC Irvine	75
4.	UC Riverside	84
5.	Cal Poly	140
6.	Cal State Fullerton	141
7.	Cal State Northridge	203
8.	Pacific	251

2007 Team Scores

Host: Cal Poly

1.	UC Santa Barbara	44
2.	UC Riverside	57
3.	UC Irvine	59
4.	Long Beach State	93
5.	UC Davis	136
6.	Cal State Fullerton	139
7.	Cal Poly	147
8.	Pacific	258
9.	Cal State Northridge	272

2008 Team Scores

Host: UC Riverside

1.	UC Riverside	60
2.	UC Irvine	69
3.	UC Davis	81
t-4.	Cal State Fullerton	117
t-4.	Cal Poly	117
6.	Long Beach State	125
7.	UC Santa Barbara	130
8.	Cal State Northridge	227
9.	Pacific	266

2009 Team Scores

Host: UC Riverside

1.	UC Santa Barbara	50
2.	UC Davis	61
3.	Cal Poly	74
4.	Long Beach State	100
5.	UC Riverside	112
6.	Cal State Fullerton	153
7.	Cal State Northridge	189
8.	UC Irvine	204
9.	Pacific	288

2010 Team Scores

Host: UC Riverside

1.	UC Santa Barbara	35
2.	Cal Poly	37
3.	Long Beach State	72
4.	UC Riverside	117
5.	UC Davis	144
6.	UC Irvine	149
7.	Cal State Fullerton	154
8.	Cal State Northridge	207
9.	Pacific	290

Year-By-Year Individual Results

Year	Name	School	Time	Year	Name	School	Time	Year	Name	School	Time
1983	1. Lisa Gonzales	UCI	17:49.3	1989	1. Brigid Stirling	UCI	17:12.2	1995	1. Jo-Jo Yaba	UCI	17:58.0
	2. Susan Zika	UCI	17:57.2		2. Buffy Rabbitt	UCI	17:22.5		2. Eliza Alexander	UCSB	18:16.0
	3. Judy McLaughlin	UCI	18:13.4		3. Jennifer Bessel	LBSU	17:45.7		3. Dianna Cervantes	UH	18:27.0
	4. Mary Mason	UCSB	18:17.9		4. Caroline Plier	UCI	17:59.5		4. Laura Monson	UCI	18:27.0
	5. Lorraine Mercado	UCI	18:23.6		5. Cynthia Rockwood	FS	18:04.5		5. Colleen Walsh	USU	18:28.0
	6. Jayne Balsiger	UCSB	18:29.6		Rayna Cervantes	UCI	18:04.5		6. Heather Bray	UCSB	18:34.0
	7. Jennifer Abraham	UCI	18:49.5		7. Beth Rosipaja	CSF	18:16.5		7. Kay Nekota	UCI	18:36.0
	8. Helen Reluga	UNLV	18:51.4		8. Chris Morgan	LBSU	18:28.5		8. Michelle Henry	UNLV	18:49.0
					9. Wendy Peterson	SDSU	18:30.5		9. Erin Remy	CSF	18:50.0
					10. Laurie Lucas	UCI	18:31.5		10. Mary Crane	UCSB	18:52.0
1984	1. Lori Shanoff	UCI	17:26.0	1990	1. Buffy Rabbitt	UCI	17:05.2	1996	1. Denise Danielson	UN	17:36.8
	2. Jennifer Abraham	UCI	17:27.0		2. Maria Akraka	UCI	17:19.2		2. Niamh Beirne	BSU	17:58.5
	3. Lorraine Mercado	UCI	17:28.0		3. Rayna Cervantes	UCI	17:27.3		3. Angie Fortner	UN	18:02.5
	4. Ruthie Truscott	UCI	17:43.0		4. Traci Goodrich	UCI	17:29.9		4. Clair Becker	CP	18:13.2
	5. Alison Owen	UCI	17:44.0		5. Cynthia Rockwood-Amster	FS	17:42.0		5. Gabriela Rodriguez	UCSB	18:18.6
	6. Pam Thompson	UCI	17:44.0		6. Sita Jones	UCI	17:54.8		6. Heather Bray	UCSB	18:21.4
	7. Bernadette Torrez	UCSB	17:54.0		7. Rachel Graybill	UH	18:04.6		7. Eliza Alexander	UCSB	18:23.2
	8. Wendy Simmons	UCI	18:09.0		8. Roberta Momonez	UCI	18:13.0		8. Judy Barretto	BSU	18:26.5
1985	1. Jennifer Abraham	UCI	18:06.8		9. Julie Verke	FS	18:18.9		9. Colleen Walsh	USU	18:26.8
	2. Beth McGrann	UCI	18:16.3		10. Jade Preato	UCI	18:21.1		10. Jamie Blair	UCI	18:30.8
	3. Maureen Bradley	SDSU	18:34.9	1991	1. Rayna Cervantes	UCI	18:03.5	1997	1. Melinda Campbell	BSU	17:56.0
	4. Sharon Yaninek	SDSU	18:43.9		2. Dina Farage	FS	18:11.7		2. Judy Barreto	BSU	18:09.0
	5. Alison Owen	UCI	18:51.8		3. Diane McCarthy	UNLV	18:32.0		3. Holly Peterson	USU	18:27.0
	6. Bernadette Torrez	UCSB	18:53.3		4. Kristen Peters	CSF	18:35.8		4. Lori Fancon	CP	18:35.0
	7. Beth Taft	UCI	18:55.4		5. Sita Jones	UCI	18:39.0		5. Lena Brainard	BSU	18:39.0
	8. Helen Reluga	UNLV	19:04.4		6. Shannon Lieder	FS	18:48.7		6. Jamie Blair	UCI	18:40.0
1986	1. Jill Harrington	UCI	17:09.4		7. Tiffany York	UCI	18:49.2		7. Jessica Riehle	BSU	18:40.0
	2. Beth McGrann	UCI	17:19.5		8. Julie Verke	FS	18:49.5		8. Beka Barron	USU	18:44.0
	3. Kelly Buzza	FS	17:23.6		9. Brooke Mabe	LBSU	19:14.1		9. Sarah MacDougall	CSF	18:46.0
	4. Jennifer Abraham	UCI	17:38.3		10. Heather Killeen	CSF	19:22.5		10. Erin O'Brien	BSU	18:47.0
	5. Amy Dabul	UCI	17:42.2	1992	1. Alisa Nicodemus	USU	17:27.0	1998	1. Christy Villa	UCI	17:14.0
	6. Buffy Rabbitt	UCI	17:42.9		2. Heather Killeen	CSF	17:46.0		2. Melinda Campbell	BSU	17:24.0
	7. Stacey McAfee	FS	17:45.0		3. Traci Goodrich	UCI	17:58.0		3. Jamie Stone	UI	17:43.0
	8. Maureen Bradley	SDSU	17:46.6		4. Rayna Cervantes	UCI	18:09.0		4. Holly Hansen	USU	17:43.0
1987	1. Buffy Rabbitt	UCI	16:51.0		5. Jade Preato	UCI	18:10.0		5. Andrea Jenkins	UI	17:54.0
	2. Jill Harrington	UCI	16:58.0		6. Rachel Juarez	UN	18:11.0		6. Angie Winkler	USU	18:08.0
	3. Maureen Bradley	SDSU	17:06.0		7. Kim Neighbour	UN	18:19.0		7. Jamie Vicaro	UCI	18:11.0
	4. Judy McLaughlin	UCI	17:07.0		8. Brooke Mabe	LBSU	18:20.0		8. Beka Barron	USU	18:12.0
	5. Jenni Scott	CSF	17:14.0		9. Kara Bradbury	UCSB	18:21.0		9. Brandi Orozco	UNT	18:12.0
	6. Amy Dabul	UCI	17:15.0		10. Kristin Peters	CSF	18:22.0		10. Judy Bareto	BSU	18:14.0
	7. Lori Wilson	UCI	17:21.0	1993	1. Alisa Nicodemus	USU	17:22.0	1999	1. Abby Peters	BSU	17:54.0
	8. Beth McGrann	UCI	17:25.0		2. Traci Goodrich	UCI	17:59.0		2. Courtney Baird	UCI	18:06.0
	9. Janine Ogas	FS	17:29.0		3. Stacy Pando	LBSU	18:12.0		3. Jamie Blair	UCI	18:14.0
	10. Cindy Rockwood	FS	17:38.0		4. Julie Crooks	UNLV	18:25.0		4. Jessica Lunt	UCSB	18:19.0
1988	1. Brigid Stirling	UCI	16:48.3		5. Kara Bradbury	UCSB	18:45.0		5. Angie Winkler	USU	18:22.0
	2. Stacey McAfee	FS	17:10.8		6. Kristin Von Teuber	UCSB	18:49.0		6. Maribah Abiedu	UN	18:25.0
	3. Janine Ogas	FS	17:21.7		7. Eliza Alexander	UCSB	18:50.0		7. Kareen Nilsson	UCI	18:29.0
	4. Chantal Plante	FS	17:23.4		8. Laura Monson	UCI	18:52.0		8. Heather Garritson	CSF	18:29.0
	5. Carolyn Plier	UCI	17:26.2		9. Julie Thomas	UCSB	18:53.0		9. Rebekah Thompley	USU	18:30.0
	6. Cindy Rockwood	FS	17:42.1		10. Josephine Yaba	UCI	18:59.0		10. Jody Carlsen	UN	18:33.0
	7. Kelli Lewis	UCI	17:44.4	1994	1. Rochelle Hair	UN	18:35.9	2000	1. Kareen Nilsson	UCI	18:32.3
	8. Jenni Bessel	LBSU	17:46.1		2. Jo-Jo Yaba	UCI	18:36.9		2. Carolyn Jones	CP	18:39.5
	9. Chris Morgan	LBSU	17:50.6		3. Deanna Hadley	UCSB	18:43.6		3. Jaime Stone	UI	18:42.2
	10. Cindi Sullivan	SDSU	17:50.9		4. Heather Killeen	CSF	18:45.3		4. Julie Manson	UCI	18:44.1
					5. Laura Monson	UCI	18:51.9		5. Rebeka Thornley	USU	18:54.0
					6. Teresa Santana	CSF	18:56.7		6. Jennifer DeRego	CP	19:01.0
					7. Eliza Alexanders	UCSB	18:50.0		7. Beka Leffler	USU	19:01.4
					8. Lora Heyt	USU	18:59.6		8. Tessa Cendejas	UCI	19:06.7
					9. Kara Bradley	UCSB	19:00.7		9. Jennifer Spahr	CP	19:07.4
					10. Kay Nekota	UCI	19:04.1		10. Jessica Dahlberg	CP	19:07.6

Year-By-Year Individual Results

2001	Name	School	Time
1.	Katie Appenrodt	UCSB	17:47.8
2.	Jessica Dahlberg	CP	17:56.8
3.	Cosette Smith	UCSB	18:26.7
4.	Kathryn Schlegel	CP	18:30.0
5.	Amber Simmons	CP	18:31.4
6.	Angela Talarico	CSN	18:32.4
7.	Julie Manson	UCI	18:42.4
8.	Tessa Cendejas	UCI	18:45.1
9.	Jeanene Gerry	CSN	18:48.0
10.	Drea Palacio	LBSU	18:49.9

2002	Name	School	Time
1.	Letiwe Marakurwa	UI	17:47.0
2.	Katie Appenrodt	UCSB	17:56.6
3.	Tania Vander Meulen	UI	18:03.2
4.	Jennifer Yadon	LBSU	18:10.6
5.	Desiree Leek	UCSB	18:13.0
6.	Audrey Golightly	USU	18:16.2
7.	Angela Talarico	CSN	18:17.9
8.	Amanda Armstrong	UCI	18:24.1
9.	Kaleena Yee	UCI	18:26.6
10.	Kristen Coombs	USU	18:28.4

*2003	Name	School	Time
1.	Stephanie Rothstein	UCSB	22:14.8
2.	Lauren Christman	UCSB	22:27.0
3.	Cosette Smith	UCSB	22:36.1
4.	Desiree Leek	UCSB	22:44.5
5.	Kaleena Yee	UCI	22:54.2
6.	Lida Ripplinger	USU	23:01.9
7.	Nicole Blalock	LBSU	23:08.6
8.	Ashley Johnson	USU	23:13.0
9.	Amber Simmons	CP	23:21.0
10.	Andrea Palacio	CSUN	23:21.9

2004	Name	School	Time
1.	Lauren Christman	UCSB	20:35.1
2.	Lindsay Christman	UCSB	20:38.6
3.	Mary Kamau	UI	20:46.7
4.	Stephanie Rothstein	UCSB	20:47.7
5.	Ashley Johnson	USU	20:56.4
6.	Kim Ramirez	UCI	20:58.1
7.	Lida Ripplinger	USU	20:59.4
8.	Mandy Macalister	UI	21:02.1
9.	Cosette Smith	UCSB	21:04.6
10.	Bevin Kennelly	UI	21:06.0

2005	Name	School	Time
1.	Amber Steen	UCI	20:55.5
2.	Laura Olvera	UCI	21:00.3
3.	Liz Camy	CSUN	21:15.7
4.	Meredith Kramon	LBSU	21:17.8
5.	Bethany Nickless	UCSB	21:23.5
6.	Marie Nguyen	UCI	21:26.1
7.	Seanna Martin	UCSB	21:27.4
8.	Nicole Blalock	LBSU	21:30.4
9.	Kelli Vanderburg	UCI	21:34.2
10.	Brenda Martinez	UCR	21:43.5

2006	Name	School	Time
1.	Lauren Christman	UCSB	21:07.5
2.	Laura Olvera	UCI	21:23.9
3.	Sara Mickelson	UCI	21:30.9
4.	Lindsay Christman	UCSB	21:43.1
5.	Meredith Kramon	LBSU	22:08.0
6.	Danielle Domenichelli	UCSB	22:15.7
7.	Hadas Moser	UCSB	22:20.1
8.	Megan Lewis	UCSB	22:27.6
9.	Bethany Nickless	UCSB	22:29.5
10.	Liza Hitchner	UCSB	22:30.2

2007	Name	School	Time
1.	Megan Lewis	UCSB	21:16.0
2.	Bethany Nickless	UCSB	21:35.6
3.	Laura Olvera	UCI	21:45.8
4.	Brenda Martinez	UCR	21:56.6
5.	Danielle Domenichelli	UCSB	22:05.3
6.	Sarah Appgar	LBSU	22:06.5
7.	Kim Donatelli	CP	22:16.5
8.	Cristina Olivas	UCR	22:18.5
9.	Lisa Lopez	UCR	22:22.9
10.	Candice Proctor	UCI	22:24.8

2008	Name	School	Time
1.	Danielle Domenichelli	UCSB	20:09.4
2.	Laura Olvera	UCI	20:12.5
3.	Cristina Olivas	UCR	20:15.2
4.	Brenda Martinez	UCR	20:19.3
5.	Candace Chavez	UCI	20:27.4
6.	Kaitlin Gregg	UCD	20:31.5
7.	Kim Conley	UCD	20:31.5
8.	Bridie McCarey	CP	20:38.1
9.	Grace Gonzales	CSF	20:42.5
10.	Lauren Mulkey	CP	20:47.3

2009	Name	School	Time
1.	Sarah Sumpter	UCD	20:30.0
2.	Kayleigh Tyerman	CP	20:35.4
3.	Lilyana Morejon	CSUN	20:36.3
4.	Crystal Reed	UCSB	20:43.5
5.	Katy Daly	UCR	20:43.9
6.	Amanda Moreno	UCSB	20:48.9
7.	Abbey Gallaher	UCD	21:00.9
8.	Missy Barclay	LBSU	21:01.8
9.	Breanne Strenkowski	UCSB	21:06.9
10.	Katie Voigtlander	UCSB	21:07.7

2010	Name	School	Time
1.	Amanda Moreno	UCSB	19:57.0
2.	Breanne Strenkowski	UCSB	20:22.7
3.	Crystal Reed	UCSB	20:26.2
4.	Kayleigh Tyerman	CP	20:36.3
5.	Kelly Barman	CP	20:37.1
6.	Lilyana Morejon	CSUN	20:41.5
7.	Jenny Bergren	CP	20:46.2
8.	Rebecca Paddock	CP	20:51.8
9.	Rosa Del Toro	LBSU	20:56.6
10.	Andrea Jacobs	UCSB	20:59.3

* - Beginning in 2003, the championship was competed on a 6K course
Name in **bold** is Championship record

Team & Individual Champions

Team Champions			Individual Champions			
Year	Champion	Score	Year	Champion	School	Time
1983	UC Irvine	18	1983	Lisa Gonzales	UCI	17:49.3
1984	UC Irvine	15	1984	Lori Shanoff	UCI	17:26.0
1985	UC Irvine	25	1985	Jennifer Abraham	UCI	18:06.8
1986	UC Irvine	18	1986	Jill Harrington	UCI	17:09.4
1987	UC Irvine	20	1987	Buffy Rabbitt	UCI	16:51.0
1988	Fresno State	29	1988	Brigid Stirling	UCI	16:48.3
1989	UC Irvine	23	1989	Brigid Stirling	UCI	17:22.5
1990	UC Irvine	16	1990	Buffy Rabbitt	UCI	17:05.2
1991	UC Irvine	41	1991	Rayna Cervantes	UCI	18:03.5
1992	UC Irvine	48	1992	Alisa Nicodemus	USU	17:27.0
1993	UC Santa Barbara	43	1993	Alisa Nicodamus	USU	17:22.0
1994	UC Santa Barbara	55	1994	Rochelle Nair	UN	18:35.9
1995	UC Irvine	38	1995	Jo-Jo Yaba	UCI	17:58.0
1996	UC Santa Barbara	57	1996	Denise Danielson	UN	17:36.8
1997	Boise State	25	1997	Melinda Campbell	BSU	17:56.0
1998	Utah State	52	1998	Christy Villa	UCI	17:14.0
1999	UC Irvine	71	1999	Abby Peters	BSU	17:54.0
2000	Cal Poly	42	2000	Kareen Nilsson	UCI	18:32.3
2001	Cal Poly	37	2001	Katie Appenrodt	UCSB	17:47.8
2002	Idaho	48	2002	Letiwe Marakurwa	UI	17:47.0
2003	UC Santa Barbara	27	2003	Stephanie Rothstein	UCSB	22:14.8
2004	UC Santa Barbara	29	2004	Lauren Christman	UCSB	20:35.1
2005	UC Irvine	29	2005	Amber Steen	UCI	20:55.5
2006	UC Santa Barbara	26	2006	Lauren Christman	UCSB	21:07.5
2007	UC Santa Barbara	44	2007	Megan Lewis	UCSB	21:16.0
2008	UC Riverside	60	2008	Danielle Domenichelli	UCSB	20:09.40
2009	UC Santa Barbara	50	2009	Sarah Sumpster	UCD	20:34.0
2010	UC Santa Barbara	35	2010	Amanda Moreno	UCSB	19:57.0

*Beginning in 2003, the championship was competed on a 6K course